



News Notes

#1097 A weekly bulletin for residents of Auroville 18 September 2025



Photo by Terra

Beauty is Ananda taking form—but the form need not be a physical shape.

One speaks of a beautiful thought, a beautiful act, a beautiful soul.

What we speak of as beauty is Ananda in manifestation;

beyond manifestation beauty loses itself in Ananda or, you may say,
beauty and Ananda become indistinguishably one.

Sri Aurobindo, Letters on Poetry and Art

Pondering



In this harmony between our unity and our diversity lies the secret of life; Nature insists equally in all her works upon unity and upon variation. We shall find that a real spiritual and psychological unity can allow a free diversity and dispense with all but the minimum of uniformity which is sufficient to embody the community of nature and of essential principle.

Sri Aurobindo, The Human Cycle

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newsandnotes@auroville.org.in

House of Mother's Agenda



(continued from last week)

Even should a hostile force cling to its reign
 And claim its right's perpetual sovereignty
 And man refuse his high spiritual fate,
 Yet shall the secret Truth in things prevail.
 For in the march of all-fulfilling Time
 The hour must come of the Transcendent's will:
 All turns and winds towards his predestined ends
 In Nature's fixed inevitable course
 Decreed since the beginning of the worlds
 In the deep essence of created things:
 Even there shall come as a high crown of all
 The end of Death, the death of Ignorance.
 But first high Truth must set her feet on earth
 And man aspire to the Eternal's light
 And all his members feel the Spirit's touch
 And all his life obey an inner Force.
 This too shall be; for a new life shall come,
 A body of the Superconscient's truth,
 A native field of Supernature's mights:
 It shall make earth's nescient ground Truth's colony,
 Make even the Ignorance a transparent robe
 Through which shall shine the brilliant limbs of Truth
 And Truth shall be a sun on Nature's head
 And Truth shall be the guide of Nature's steps
 And Truth shall gaze out of her nether deeps.
 When superman is born as Nature's king
 His presence shall transfigure Matter's world:
 He shall light up Truth's fire in Nature's night,
 He shall lay upon the earth Truth's greater law;
 Man too shall turn towards the Spirit's call.
 Awake to his hidden possibility,
 Awake to all that slept within his heart
 And all that Nature meant when earth was formed
 And the Spirit made this ignorant world his home,
 He shall aspire to Truth and God and Bliss.
 Interpreter of a diviner law
 And instrument of a supreme design,
 The higher kind shall lean to lift up man.
 Man shall desire to climb to his own heights.
 The truth above shall wake a nether truth,

Even the dumb earth become a sentient force.
 The Spirit's tops and Nature's base shall draw
 Near to the secret of their separate truth
 And know each other as one deity.
 The Spirit shall look out through Matter's gaze
 And Matter shall reveal the Spirit's face.
 Then man and superman shall be at one
 And all the earth become a single life.
 Even the multitude shall hear the Voice
 And turn to commune with the Spirit within
 And strive to obey the high spiritual law:
 This earth shall stir with impulses sublime,
 Humanity awake to deepest self,
 Nature the hidden godhead recognise.
 Even the many shall some answer make
 And bear the splendour of the Divine's rush
 And his impetuous knock at unseen doors.
 A heavenlier passion shall upheave men's lives,
 Their mind shall share in the ineffable gleam,
 Their heart shall feel the ecstasy and the fire.
 Earth's bodies shall be conscious of a soul;
 Mortality's bondslaves shall unloose their bonds,
 Mere men into spiritual beings grow
 And see awake the dumb divinity.

(to be continued next week)

Sri Aurobindo, Savitri
 Book Eleven: The Book of Everlasting Day
 Canto I: The Eternal Day:
 The Soul's Choice and the Supreme
 Consummation

<https://incarnateword.in/cwsa/34/the-eternal-day-the-souls-choice-and-the-supreme-consummation>

Gangalakshmi (HOMA)



Townhall Speaks

ATDC:

Application Announcement 18-09-2024



L'avenir d'Auroville

A. The following Building Application has been received and is approved—(announced for information only):

1. Danish & Sarah—Retroactive Building Approval

- **Applicant/s:**
Danish & Sarah
- **Location/area:**
Sharnga Community
- **Carpet Area for which approval is sought:**
111 Sq.m

Project brief: This asset was transferred to the steward through the Housing Service, however, there is no existing record of it. The applicant has requested ATDC to regularize the asset and issue an approval certificate. An application was submitted for this purpose and has been approved by ATDC.

Joel, Resource Person

CELEBRATE DEEPAVALI

by Honoring Domestic Workers with Their Bonus

The SEWA team warmly reminds the Auroville community about the Deepavali Bonus for domestic workers, as per the Payment of Bonus Act, 1965 and Tamil Nadu labour provisions. Providing this bonus is a meaningful way to show appreciation and goodwill during the festive season.

Eligibility:

- All employees (probation, part-time, contractual, permanent, supervisors, or managers) who have completed 30 days of service in an accounting year.
- Employers may withhold the bonus in cases of fraud, theft, violent behavior, misappropriation, or property damage.

Bonus Calculation:

- Bonus = Annual Salary × 8.33% (minimum) and 20% (Maximum)

The bonus percentage is the same for all employees, regardless of position.

- **Example:** Monthly Salary: Rs. 7,000 × 12 = Rs. 84,000 × 8.33% = Rs. 7,000/- (Bonus per year)
- **Diwali:** Rs. 3,500 (by 18th October)
- **Pongal:** Rs. 3,500 (by 10 th of January)

Even though domestic workers may not always be formally covered under the Act, giving them a festival bonus is considered a best practice and a moral responsibility. Timely and fair payment of the Deepavali Bonus strengthens relationships and reflects the compassion, equity, and dignity that our community stands for.

Let's celebrate this Deepavali by acknowledging and appreciating the hard work of our domestic workers, making the festival joyful and inclusive for everyone.

For guidance or clarification regarding statutory requirements or bonus calculations, please write to

- sewa@auroville.org.in.

Sandjivy
on behalf of SEWA

Community News

Matrimandir News & Schedules

MATRIMANDIR ACCESS INFORMATION

Access to the Park of Unity

- The Matrimandir, the Petals, the Lotus Pond and the Banyan Tree are areas of **silence**.
- The Park of Unity is open to Aurovilians and registered Newcomers daily, 6am—7:30pm.
- Aurovilians may bring close family and friends to the Gardens daily, 9am—3:30pm.
- Aurovilians wishing to bring close family to the Gardens at any other time should inform mmconcentration@auroville.org.in before 11am on the day of the proposed visit.
- Savi registered Volunteers and Donors require a pass to enter the Park of Unity. Timings will be indicated on the pass.
- Published events in the Park of Unity are open to Aurovilians, registered Newcomers, Volunteers, Pass holders and Guests. Guests should bring their Aurocards.
- Savitri Readings on Thursday evenings: Guests holding only Aurocards wishing to attend should book at mmconcentration@auroville.org.in one or two days in advance.

Access to the Inner Chamber of the Matrimandir

The Matrimandir is a place for silent individual concentration. The Inner Chamber is open to Aurovilians and registered Newcomers:

- Monday—Saturday: 6—8am, 4:30—7:30pm.
Sunday: 6am—12pm, 4:30—7:30pm.

The Inner Chamber is open to SAVI registered Volunteers:

- Wednesday—Monday, 8—8:40am.
Arrival at 7:45am at the Office Gate.

The Inner Chamber is open to Aurovilians wishing to accompany a maximum of 5 close family members and friends no more than once in two weeks, with booking 3 to 5 days in advance to mmconcentration@auroville.org.in

- Any day except Tuesday & Sunday:
8—8:35am. Arrival at 7:45am at the Office Gate.

The Inner Chamber, the Petals and the Gardens are open to the Children of Auroville and the Outreach Schools:

- Tuesday 9—11am.

Auroville units can bring their staff to the Inner Chamber with a prior booking to mmconcentration@auroville.org.in

- Tuesday 8—8:30am.

Access to Matrimandir for Visitors and Guests

Matrimandir Viewing Point: The Viewing Point is open to the general public on presentation of a Pass. Visits to the Matrimandir Viewing Point are free of cost. Free passes can be obtained at the Auroville Visitors Centre.

- The Viewing Point lies south of the Park of Unity and offers visitors a panoramic view of the Matrimandir and the Gardens and the Lake.

- Starting from the Visitors Centre. Daily, 9am—5:30pm.

The Inner Chamber of the Matrimandir is open to Visitors and Guests by prior booking only. Visitors and Guests seeking to concentrate in the Inner Chamber are requested to inquire at the Information Desk of the Visitors Centre after first visiting the Viewing Point, or to go to the website: auroville.org

- Prior booking is required to access the Inner Chamber at least one or two days in advance. Bookings for concentration are given for the following or the first free day as per availability and are accepted only up to one week in advance. Minimum age 10 years.

- The Petals are open to Visitors on the morning of their Inner Chamber visit.

Visiting Matrimandir with Family and Friends

Kindly note the following points regarding bringing family and close friends to the Matrimandir.

- **The Park of Unity:** Aurovilians may bring close family and friends (maximum 3, not guests) to the Gardens: 9am—3:30pm.
 - 4:30—6pm, with prior information to mmconcentration@auroville.org.in the latest by 11am on the day of the visit.
- **The Inner Chamber of Matrimandir:** Aurovilians with close family and friends (max. 3, not guests):
 - **Monday to Saturday** (Tuesday morning Closed) 8—8:35am. Arrival 7:45am at the Office Gate with prior booking to mmconcentration@auroville.org.in
- **Thursday Meditations at sunset with Savitri:** The guests with Aurocard wanting to attend the Savitri meditation on Thursday evening in the Amphitheatre have to book by filling in the form at the address <https://bit.ly/savitri-reading>.

The Petals of the Matrimandir

The Petals are open to Aurovilians, registered Newcomers and Pass holders: **Daily 7—8am, 5—6pm.**

Antoine for Matrimandir Executives Team

AMPHITHEATRE

Meditations at sunset with Savitri

6—6:30pm, every Thursday
weather permitting

Savitri, Sri Aurobindo's long mantric poem, read by Mother to Sunil's music are on weekly for everyone to concentrate, in this beautiful open space in the very center of Auroville.



- **Reminder to all:** The Park of Unity is a place for silence, meditation and inner work and is to be used only as such. We request everyone: please do not use cameras, i-pads, cell phones, etc. No photos.
- **Guests with Aurocard** wishing to attend must book at mmconcentration@auroville.org.in one or two days in advance. Please bring your Aurocard with you.
- **Access by Office Gate for the Amphitheatre only** from 5:45pm. Guests are requested to bring along their Aurocards. **Last entry for guests** at 6pm. Access limited for guests to the Amphitheatre
- **Last exit for guests** at 6:45pm.

Velmurugan for Access team

Awakening Spirit

Bharat Nivas presents

A WEEKLY STUDY CIRCLE

on The Synthesis of Yoga—Sri Aurobindo

A weekly study circle on

The Synthesis of Yoga

- Sri Aurobindo



By Deepti Tewari

4:30 pm - 5:30 pm

Every Tuesday

Venue :
Resource Library,
Bharat Nivas, Auroville


BHARAT NIVAS
Scan for Location


Monisha

SAVITRI BHAVAN SCHEDULE, SEPTEMBER 2025



Exhibitions

- **Meditations on Savitri:** A painting exhibition of 472 paintings created by the Mother with Huta from 1961—67 is on display in the picture gallery
- **A Bilingual Exhibition on 'Sri Aurobindo:** A life-sketch in photographs' with texts both in English and Tamil is displayed in the upper corridor
- **Glimpses of the Mother:** Photographs and texts in the Square Hall

Films: Mondays, 4pm

- **22 September: Sri Aurobindo's "The Mother, Chapter 4 and 5" read by The Mother**—Chapter 4 discusses money as a visible sign of a universal force that originates from the Divine, and Chapter 5 describes the processes for becoming a true doer of divine works and an instrument of the Divine Shakti.

Chapter 5 ends with the following statement: "...it will be your constant, simple and natural experience that all your thought and seeing and action, your very breathing or moving come from her and are hers.

You will know and see and feel that you are a person and power formed by her out of herself, put out from her for the play and yet always safe in her, being of her being, consciousness of her consciousness, force of her force, Ananda of her Ananda.

When this condition is entire and her supramental energies can freely move you, then you will be perfect in divine works; knowledge, will, action will become sure, simple, luminous, spontaneous, flawless, an outflow from the Supreme, a divine movement of the Eternal."

These two chapters cover certain essential aspects of the Integral Yoga of Sri Aurobindo and The Mother, specifically the task of a total and sincere surrender by the seeker. We hear The Mother reading the text, see her beautiful self-portrait, and the text on the screen. Duration: 25min.

Followed by Durga surrenders to the Supreme, in which The Mother speaks about Durga Puja days and Durga's surrender to the Supreme. Duration: 12min.

The films "The Mother, Chapter 4" and "The Mother, Chapter 5" by AuroMaa are available on YouTube:

<https://www.youtube.com/watch?v=K7oabeUlvzM> and

<https://www.youtube.com/watch?v=Y0iMEMPUHfU> respectively.

The film **Durga surrenders to the Supreme** by Aravind Akki is also available on YouTube:

<https://www.youtube.com/watch?v=ToMTGy8bS2Q>

- **29 September: Four Great Aspects of The Mother—Maheshwari, Mahakali, Mahalakshmi, Mahasaraswati**—In this film The Mother reads the texts from "The Mother—Chapter 6" by Sri Aurobindo. Duration: 52min.

Dream Divine Series

This initiative is designed especially for newcomers, aiming to provide a deeper understanding of the Aims and Ideals of Auroville, the Life and Works of Sri Aurobindo and the Mother, and the principles of Integral Yoga. The series will feature interviews, lectures, and presentations by Aurovilians and Ashramites through video documentaries and live talks followed by interactive Q&A sessions. A wide range of topics will cover the richness and diversity of Auroville's vision, life, and reality.

- **Friday, 19 September, 4—5pm**

@ Sangam Hall

Filmed Interview with Shraddhavan, Part 1. "Life, Yoga and Savitri Bhavan" by Richard Eggenberger (Narad)



- **Friday, 19 September, 4—5pm**
@ Sangam Hall
Filmed Interview with Shraddhavan,
Part 2. "Life, Yoga and Savitri
Bhavan" by Richard Eggenberger
(Narad)



Savitri Satsang with Narad @ Savitri Bhavan

- **Every Tuesday, 4:30—5:15pm**
followed by OM Choir, 5:30pm

In this exploration of Savitri we will study the mantric lines of Savitri with the wealth of definitions from Sri Aurobindo and the Mother.

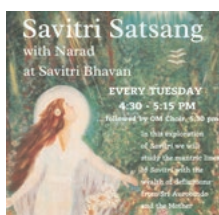
The Mother's words on Savitri:

"Savitri, the Supreme revelation
of Sri Aurobindo's vision."

"... Savitri, that marvellous prophetic poem which will be
humanity's guide towards its future realisation."

"... all the rest is preparation, while Savitri is the Message."

"The importance of Savitri is immense. Its subject is univer-
sal. Its revelation is prophetic. The time spent in its atmo-
sphere is not wasted."



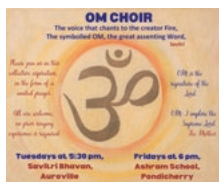
OM Choir

- **Fridays at 6pm @ Ashram School, Pondicherry**
- **Tuesdays at 5:30pm @ Savitri Bhavan, Auroville**

The voice that chants to the creator Fire,
The symbolised OM,
the great assenting Word. Savitri

Please join us in this collective aspira-
tion, in the form of a united prayer.

All are welcome, no prior singing ex-
perience required



OM is the signature of the Lord.

OM: I implore the Supreme Lord.

Regular Activities

- **Sundays 10:30—12pm:** Savitri Study Circle led by Larry Seidlitz
- **Mondays 3—4pm:** How to find the soul—Theory & Practice led by Dr. Jai Singh
- **Tuesdays 3—4pm:** Readings of the words of The Mother on Aims and Ideals of Auroville led by Dr. Jai Singh
- **Tuesdays 4:30—5:15pm:** Savitri Satsang led by Narad
- **Tuesdays 5:30—6:15pm** OM Choir led by Narad
- **Mondays to Saturdays 3—5pm:** L'Agenda de Mère: lis-
tening to recordings with Gangalakshmi
- **Thursdays 4—5pm:** Videos of The English of Savitri led
by Shraddhavan
- **Thursdays 4—5:30pm:** Reading Savitri in Russian with
Anatoli
- **Fridays 3—4pm:** Reflections on 'Release of Ego' part 2
of Ch.9 from The Synthesis of Yoga led by Dr. Jai Singh
- **Exhibitions, Main Building and Office** are open Mon-
day to Saturday 9am—5pm
- **Library and Digital Library** is open Monday to Friday
9am—5pm

Margrit & Dhanalakshmi for Savitri Bhavan

BHAGAVAD GITA CHANTING

- Every Sunday morning, 7—8am
- @ The Mother's Flower Garden

All are welcome to join the Bhagavad Gita
Chanting sessions

For queries: vidyamandir@auroville.org.in



Deven
for Vidyamandir Auroville Team

PAVILION OF TIBETAN CULTURE: EXHIBITION

on Dalai Lama and Auroville—Three Memorable Visits (1973, 1993 & 2009)

On the occasion of the 90th Birthday of His Holiness the
Dalai Lama, the **Pavilion of Tibetan Culture** presents an
exhibition on "Dalai Lama and Auroville—Three Memora-
ble Visits (1973, 1993 & 2009)"

- **Open every day except Sunday.**

Starting right from Auroville's
inauguration day in 1968,
when soil of Tibet was put into
the urn by a young Tibetan girl,
continuing in 1971, when the
Mother took 12 Tibetan children
into the Auroville school and in
1973 when the Dalai Lama
spent two days in Auroville and
Pondicherry (on January 17, he
met the Mother in the Ashram),
the exchanges between the
community of Auroville and Ti-
betans have been frequent and
regular.

In December 1991, the Pavil-
ion of Tibetan Culture became
a unit of Auroville Foundation through a resolution of the
Governing Board under Dr Karan Singh and Dr Kapila Vat-
syayan, the famous Art and Tibetan scholar.

In January 1993, His Holiness agreed to be the Patron of
the Pavilion. Later in the year, he came to Auroville to lay
the Foundation Stone of the Pavilion and in January 2009,
he returned to inaugurate the building.

I appreciate the development occurring constantly

I pray this place will be of immense benefit to others.

*His Holiness the Dalai Lama
in the Matrimandir's Guest Book, January 20, 2009*

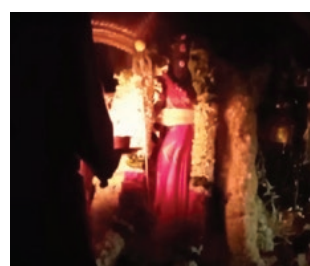
*Kalsang
for Pavilion of Tibetan Culture*



THE PANCHALI'S VOW EXPLORATION

during Durga Puja

27 September—2 October



We at Aram are happy to invite you to **The Panchali's Vow**
exploration during Durga Puja this year.

In this process, we'll delve into the psychological roots of
the Metacrisis and inquire into what the Mahabharata can
teach us in the journey towards Collective Evolution.

This is especially for those who are deeply concerned with
the current state of the world and want to live meaningfully
in today's times.

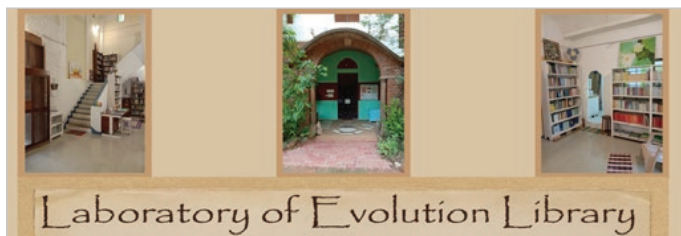
- More [details are in the brochure here](#).
- And the [registrations can be done here](#):

For further queries, please contact:

- aram@auroville.org.in

All are welcome

Naveen for Aram



Laboratory of Evolution Library

Focused on the evolutive vision, work of Sri Aurobindo & The Mother. Many related subjects from Traditional knowledge: Religion, Esotérisme, Contemporary Sciences, New Physics, New Biology, New Dimensions, NDE Body Consciousness, Health... etc. You can find there the complete works of Sri Aurobindo & The Mother in many languages, books written by Ashram Disciples & Aurovilians. Also documents related to Auroville, books, CD & DVD, films & lectures.

- **Open** Monday to Saturday 9am—12pm
Tuesday & Friday 2:30—4:30pm
- Open for Aurovilians, Newcomers, Volunteers, & Guests
- LOE Library is now **located at Horizon**, in front of Sve Dam, on the right side of Lorenzo's building. **Kalyani**

Education

CALL FOR GRANT PROPOSALS

A two part-grant application and budget request form is available on request from abundance.pcg@auroville.org.in to apply for possible funding from the Foundation for World Education (FWE) in 2026 and Stichting de Zaaier (SDZ) year end funding for 2025.

Please submit your filled in forms and any other documents related to this purpose as attachments to a covering email addressed to: abundance.pcg@auroville.org.in

- **Latest by Monday, 20 October 2025.**
- request form is available on request from abundance.pcg@auroville.org.in

Questions and early submissions are very welcome,

*Devi, Pala, Sauro, Tineke, Vani
for Abundance (PCG)*

Special Invitation

FESTIVAL OF EVOLUTION—2025

Doll Show

@ Ilaignarkal Education Centre

Monday, 22 September to Friday, 3 October, 2—6pm

Please avoid Sunday



Ilaignarkal Education Centre cordially invites you to participate in the cultural event—Navaratri Utsav—doll show as part of Dasara Celebrations.



This year the theme for research is on "Matter and Spirit". (Materials used in making the Dolls).

We invite all of you to be with us and participate in the special 10 days event.

0413 2623773, ilaignarkal@auroville.org.in

*R. Meenakshi
for Ilaignarkal Education Centre*

TUITION CLASSES

Available

- **Tuition classes** available from 1st to 12th grade level in all subjects.
- **Crash course** available for 10th and 12th grade level.
- **For further information** contact ashree@auroville.org.in/ 8270512606 WA only. **Ashwini**

INVITATION

to Integral Education Practitioners Gathering—6 (IEPG-6)

25—27 September in Auroville

SAIER warmly invites **one representative from each Auroville unit/ service/ working group** to participate in the upcoming **Integral Education Practitioners Gathering—6 (IEPG-6)**, to be held in Auroville from Thursday, 25 September to Saturday, 27 September 2025.



IEPG has grown into a shared platform for dialogue, reflection, and collective learning among educators and practitioners across Auroville. Its purpose is to deepen our understanding of **Integral Education** and to create occasions for all of us to step out of our silos and meet around the central aspirations of Auroville. It is an effort to bridge the practical day to day challenges we face in our works, the little discoveries we make, with our very highest ideals and the *raison d'être* of Auroville.

This is an invitation for individuals from the various units/ services/working groups of Auroville to join us in the exploration of Auroville Charter's proposition of '*an unending education & constant progress*'.

We request that the nominated member:

- Is someone associated with your unit/ service/ working group over the long term, carrying experience and continuity in its work.
- Is an Aurovillian, Newcomer or long term contributor, committed to engaging with the ideals of The Mother and Sri Aurobindo.
- It is important that the nominated member commits to attend the 3 full days of the gathering.

The gathering this September will carry forward the central theme: "**Research in Auroville—The Quest and the Context.**" This theme is central to all activities and actions in Auroville, and thus, the invitation to the wider community through the units/services/working groups.

The IEPGs happen twice a year, in July and September, and each time gather around 120 participants. We start the mornings all together to look at the topic of Research in the context of Auroville, we then split up into smaller groups for collective explorations of Mother and Sri Aurobindo's works, discussions and activity based workshops in which we may discover new approaches to a particular craft or discipline, and interact with aspirants of Auroville we rarely meet otherwise.

This edition we wish to explore how research manifests not only in schools and formal education spaces but also in diverse domains of Auroville life—art, ecology, health, technology, economy, organization etc.

Your participation will add richness to this exploration and help weave the cultural and educational fabric of Auroville with greater wholeness. We sincerely look forward to your presence and contribution at IEPG-6.

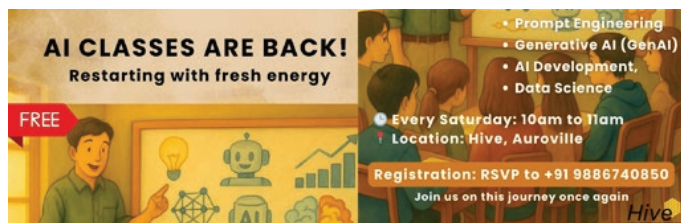
At this gathering we have only 25 seats allocated in this category on a first come first serve basis.

- **To register** your interest, write to us at the earliest on saier@auroville.org.in.

Together, let us concentrate around the questions of why we are here, and how we may do our work, with an attitude of increasing simplicity, joy and consecration.

**SAIER Team
From Mass Bulletin**

FREE AI MASTERCLASS FOR ALL



Are you looking to transform your future and career with AI? Come Join our Free AI Masterclass at Hive Coworking Space facilitated by S.M. Pandi Subramanian, founder of Enthiram. AI, with over 20 years of pioneering work in AI innovation and solutions. Open for all, no prior experience needed.

+91 9886740850, Dhesh

ILAINARKAL EDUCATION CENTRE

Vanakkam! In line with our motto—**Supporting the workers and children of Auroville through shared learning and holistic empowerment**—we invite you to engage with our team of resource experts. As part of our Further Learning Programs, these specialists help strengthen vocational skills—from tailoring and craftsmanship to wellness and cultural arts—and foster holistic development across our learning community. Please feel free to share this information with your teams, workers, and networks across Auroville to co-create research-based initiatives for the future of Auroville as envisaged by The Mother.



Activities

Name	Expertise	Availability
Anandou	Yoga & Wellness; Spoken English	Monday—Saturday Afternoons, 3:30—6pm
Drupad	Performing & Visual Arts Specialist	By appointment
Harshini	Women & Children Welfare Consultant	By appointment
Monika	Bharatanatyam Dance Instructor	Sundays, 3—4:30pm
Prabha	Tailoring & Textile Design Mentor	Monday—Friday, 9—3pm
R. Meenakshi	Tamil Culture, Poetry, Language & Village Social Dynamics	Thursdays Session 1: 3:30—4:30pm; Session 2: 4:45—5:45pm
Ramesh Karunakaran	Editorial Support; Tamil Language Typing & Tamil Poetry	By appointment
Sivakumar	System Design & Research in Technology and Social Entrepreneurship	By appointment
Vatchala	Library In-charge & Reading Circle Facilitator	Monday—Friday Mornings, 10am—12pm

To Enroll: Please call us at 0413 2623773 to book your slot in advance.

Sivakumar &
R. Meenakshi for IEC

LEARNING SPACE OPENS DOORS FOR KIDS of guests, volunteers and newcomers

Aarambham Learning Space is open for children of guests, volunteers, and newcomers of Auroville. Learning Space is an initiative of SAILER, offering a space for orientation, integration, and exploration of Auroville before school enrollment. As well as preparation and adaptation of new students of age from 6 to 12 for the Integral Education model of Auroville schools. A team of facilitators experienced in arts, personalized academic activities, physical education, awareness fostering is ready to receive new students.

Our additional weekly activities outside and inside of the campus will include visits to Matrimandir, units and communities of Auroville, classes of practical skills, story creation and forest exploration.

- Drop off time 8:15 to 8:45 am
- Pick up time 3:30 to 4:40 (depending on the age of students)
- Lunch and snacks are provided.
- We are able to host 10 to 20 students.
- Standard Auroville schools fees apply.

Aarambham located at the former TLC base camp, near Dehashakti, in the natural surroundings of Baraka forest.

Parents of students are welcome to participate in various ways. For admission/visit, please make an appointment at aarambham@auroville.org.in.

Alexey
for Aarambham Team

SATORI:

Educational services

- Physics and Chemistry CBSE grades 11—12;
- Edexcel IGCSE and International Advanced Levels (grades 9—12).
- Mathematics 7—8 grades as preparation to high school science.
- Exam preparation through knowledge and understanding.

Sergei, 9442934078,
satori.auroville@gmail.com

SUPPORTIVE LEARNING SATELLITE: SLS TEAM

We are happy to share with the entire Auroville community that the Supportive learning Satellite (SLS) is now becoming an official unit under SAILER. Our service began in 2015 under the umbrella of the Teachers' Center, SAILER.

Currently, we are a team of five facilitators, working with children either in small groups or through individual sessions, depending on their needs.

Supportive Learning Satellite offers support to all children, regardless of the educational system they are part of. Our aim is to provide individual attention, continuity, and follow-up.

Specifically, we support:

- Children requiring specialized education and IEP/ICP (Individual Educational or Counseling Plans)
- Students facing specific learning challenges such as ADD, ADHD, ASD, ODD, Dyslexia, Dyscalculia, and other learning difficulties

The support provided may focus on:

- Academic or behavioral aspects. Referrals for children requiring further medical support or assessment
- Advise and help to implement family support
- Giving ongoing advice and training to administrators and teachers in Inclusive Education, learning difficulties, and Neurodiversity
- Please contact us: 9655519546, sls@auroville.org.in

Ana and Laura for SLS Team

Health Care



Santé

Working Hours

- Monday—Saturday, 9—12:30pm & 2—4:30pm

Tests and Sample collection

- Monday—Friday, 8:30—12pm
- No sample collection on Saturday

For emergencies

- Auroville Ambulance 24/7: +91 9442224680
- Government Ambulance 24/7: 108

Appointment

- Please call Santé on 0413 2622803 during working hours for an appointment

Santé Services Schedule

Doctor Consultation with Dr. Joseph, Dr. Pavan & Dr. Sana: Monday to Saturday	Nurse Care Thilagam, Ezhil, Archana & Sandhya, Daily: no appointment needed
Ayurveda with Dr. Be: Tuesday/ Wednesday/ Friday (TOS, 9 September onwards)	Integrative Psychotherapy with Juan Andres: Monday to Friday
Physiotherapy & Massage with Galina: Monday—Friday	Homeopathy with Michael: Monday/ Wednesday/ Saturday
Midwifery & GYN Care with Paula: Monday & Wednesday	Soundbed Session with Sandhya/ Thilagam: Monday to Saturday
Bio-Well Assessment (Evaluation of your well-being) with Helena— inquiry email: adminsante@auroville.org.in	

In Santé, we value our patient's confidentiality & make every effort to ensure their privacy. In case of cancellation or to reschedule, it is necessary to inform us in advance.

Dasha for Santé Services

WEEKLY BABY SUPPORT CIRCLE

Every Wednesday, 9am—12pm
@ Lilaloka

Hello, wonderful parents! Join our Weekly Baby Support Circle hosted by Lilaloka!

We warmly invite you to our Weekly Baby Support Circle, a nurturing space created especially for parents of newborns to one-year-olds. Come as you are, connect with other parents, and celebrate the journey of raising your little one. Here's what to expect:



- Heartfelt Connections:** Share your joys, challenges, and stories with other parents who truly understand.
- A Safe Haven:** A welcoming, nonjudgmental space for growth, encouragement, and community.
- Inspiring Sessions:** Special guest speakers to guide and support you on topics that matter most.

We can't wait to welcome you and your baby into this circle of love and support. Let's grow together!

Rotem

MARIKA HOME:

Company to the seniors needed

We are looking for a person who likes to be on one or two afternoons per week for two hours, 2:30—4:30pm in Marika Home, Samasti, opposite Pitanga, to give company to our seniors. If you would like to try this, please contact 9787626452.

Submitted by Mechtild

AUROKIYA INTEGRAL EYE CENTRE

Eye Care Services

9am—5:30pm, Monday to Saturday @ Arka, Auroville

Aurokiya provides a range of eye care services for Auroville and the bioregion.



Available services

- Primary & emergency eye care
- Spectacles & contact lenses
- Eye Yoga & Vision Therapy
- Workplace & community outreach eye camps
- Support for visits to Aravind Eye Hospital

New services

- Retina imaging
- Intraocular pressure (glaucoma) monitoring

Contact: 94880 05685

Eye Yoga & Wellness Retreat

Auro Perfect Vision—FOCUS X

Relax Your Eyes, Renew Your Vision

Auro Perfect Vision
(An Initiative under Aurokiya)

FOCUS X
Eye Yoga & Wellness Retreat-X

Date: September 20-24, 2025
Time: 7:00 AM - 8:00 AM
Place: Progress Hall, Bharatnivas

For Registration & Details

+ 91 80123 05151 : +91 97042 58709
aurokiya@gmail.com

- 20—24 September, 7—8am
@ Progress Hall, Bharat Nivas

Give your eyes the care they deserve. It's time to Focus.

Experience a 5-day journey of natural eye care and wellness. Through guided eye exercises and relaxation techniques, this retreat is designed to refresh your eyes, reduce strain, and support your overall visual well-being.

- Open to all. Limited seats—Register early:
For registration and details, scan the QR code or [click on link](#)

Unlocking the Power of Vision: A Retreat for Children

Join us for a retreat to strengthen your child's visual skills!

Auro Perfect Vision
(An Initiative under Aurokiya)

Unlocking the Power of Vision
A Special Workshop for Children
Age: 6-12 years

Date: 29th Sep - 2nd Oct, 2025
Time: 9:00 AM - 10:00 AM
Place: Progress Hall, Bharatnivas

For Registration & Details

+ 91 80123 05151 : +91 97042 58709
aurokiya@gmail.com

- 29 September—2 October, 9—10am
@ Progress Hall, Bharat Nivas

This program is designed to help children strengthen their visual skills—not just visual acuity alone, but also focus, coordination, memory, tracking, and other essential abilities—through guided eye exercises and fun activities.

- For registration & details:
+91 8012305151, +91 9704258709
aurokiya@gmail.com

Aurosugan



MAATRAM

Addiction Recovery sessions

- Every Tuesday, 3:30—4:30pm
@ Maatram, 1st floor, Arka

In addition to our Regular Therapy Sessions, we are adding another weekly walk-in session on Addiction Recovery. These sessions are suitable for any kind of addiction including addiction to substances such as **alcohol, cigarettes, tobacco, marijuana, coffee, sweets** and addictive behaviours related to use of **smart phones, social media, video games, eating, porn and gambling**.

Clinical Psychologist in Maatram

We are happy to welcome Beatriz to the Maatram team. She is a Clinical Psychologist who brings with her about 30 years of experience in the field.

As Spanish is her first and most natural language, Beatriz will be available and looking forward to offering support for Spanish-speaking community members.

Megha, Raam & Palani

AURODENT DENTAL CLINIC



Perfect Fit, Confident Smile!

AURO DENT

DISCOUNT 20%

Special care with Dr. Divya—Expert in Cast Partial & Flexible Dentures

- Best quality materials
- Perfect fitting for comfort & confidence
- Natural look and long-lasting

Book your consultation today and experience the difference: **Free Consultation this September** for Denture Patients, Get 20% off on all types of denture work and Scaling 10% off.

For Appointment:

- +91 9629199328 WA,
0413 2622063 landline
- aurodent@auroville.org.in

Working Hours:

- Monday to Friday: 9am—5:30pm
- Saturday: 9am—1pm @ Auromode

Jayasutha

CHILDBIRTH AND PREGNANCY EDUCATION

Morning Star offers education to expectant parents about conscious pregnancy, child-birth and parenting. Classes are conducted

- In both English and Tamil
- Every Wednesday, 5—7pm
- @ Creativity—Hall of Light.

Classes include gentle body movement, educational topics related to pregnancy including Birth plan, Birth without fear, Stages of labour, Partner role & comfort measures during labour, Breastfeeding, Father's role and Postnatal & newborn care.

We invite all expectant parents—Aurovilians, Newcomers, Volunteers, Staff and couples from the Bio region to join us. If you would like more information or to join the class, please contact Savithri through only WhatsApp +918940571774 or email us at morningstar@auroville.org.in

Paula for Morning Star Team



SERVICES PROVIDED

This is Sruthi, 27 years old, an Aurovillian born and brought up in Auroville. I have completed my Masters degree in Physiotherapy (MPT) and I am specialised in Orthopaedics. I am ready to provide home care visits at your place.



Neck pain, Low back pain, Knee pain, Heel pain, Frozen shoulder, Shoulder related pain, Muscle injury, Ligament injury, Sprain and strain, Sports injuries, Sciatica, Post fracture/ surgical rehabilitation, Stroke/ Paralysis, Facial palsy/ Bell's palsy, General fitness, Ergonomic advice, Geriatric care, Myofascial massage (Head&Neck/ Back)

- Pain is a sign that has to be taken care of.
- Kindly get in touch with me if you need my service.

+91 7904769496 WA, auroshruthi@auroville.org.in
Sruthi Sundaram

International

Unity Pavilion presents

UNITY PAVILION REGULAR EVENTS

Day Time	Venue	Event Details
Tuesdays, 5pm	Hall of Peace	12 Qualities and the Mother's Symbol by Jaya: A deep exploration of The Mother's Symbol and 12 Qualities that embody the path of inner transformation.
Wednesdays, 5:30pm	Unity Hall	Sound Bath by Svaram—Experience the gentle power of sound as it flows through you, bringing balance, deep relaxation, and inner harmony.
Thursdays, 3pm	One-ness Hall	Tao of Tea—Sencha Style Tea Ceremony by Isha—A conscious and immersive experience of tea's spiritual and healing power, nourishing both body and soul.
Thursdays, 5pm	Hall of Peace	Silent Meditation by Pierre—Tune into your psychic self and experience deep inner peace and calm for awakening within.
Saturdays, 10am	Garden	Kids Art Class by artist Janakiraman—A playful exploration of watercolor techniques for children.
Special program of the week		
Friday, 5:30pm	Unity Hall	The Flow: Chakra Meditation by Sergei & Preeti—Awaken your inner energy and activate your meridians and chakras through sound, mantras, and frequency for deep healing and balance.



MONDAY to SATURDAY
10 AM - 12:30 PM & 2 PM - 5 PM
SATURDAY FOR KIDS: 10 AM - 12 PM
VOLUNTARY CONTRIBUTION IS WELCOME
ARTIST +91-8015362636

ART CLASS-DAILY
WITH ARTIST JANAKIRAMAN

TAO OF TEA—SENCHA STYLE TEA CEREMONY



Experience the spiritual and healing power of tea in a conscious and immersive way. Through this unique ceremony, we will explore the healing aspects of tea of choice, allowing it to nourish both body and soul.

Discover a new perspective on tea drinking as you embrace awareness and relaxation.

* Sessions are available as a one-on-one experience or for groups (4+ people).
* Children (5+ years) are welcome. Special Kids birthday sessions available.

Rs. 400 per person
Rs. 300 per person for Groups of 4 or more

PRE-BOOKING OR BY APPOINTMENT
Call/WhatsApp +91-9395428460 for bookings

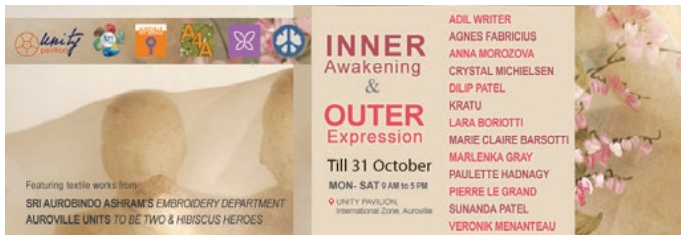
CHENESS HALL, Unity Pavilion
DISCOVER A SPIRITUAL JOURNEY WITH
SENCHA-STYLE TEA CEREMONY
EVERY THURSDAY 3.00 PM

ART FOR LAND

Inner Awakening and Outer Expression

Show on till 31 October @ Unity Pavilion

Monday—Saturday, 9am—5pm



INNER Awakening & OUTER Expression

Till 31 October
MON - SAT 9 AM to 5 PM

UNITY PAVILION, International Zone, Aurville

ADIL WRITER
AGNES FABRICIUS
ANNA MOROZOVA
CRYSTAL MICHELESEN
DILIP PATEL
KRATU
LARA BORIOTTI
MARIE CLAIRE BARSOITI
MARLENKA GRAY
PAULETTE HADNAGY
PIERRE LE GRAND
SUNANDA PATEL
VERONIK MENANTEAU

Featuring textile works from:
SRI AUROBINDO ASHRAM'S EMBROIDERY DEPARTMENT
AUROVILLE UNITS TO BE TWO & HIBISCUS HEROES

Art for Land 2025 presents "Inner Awakening & Outer Expression" celebrating handcrafted expressions in textile, art, and sculpture, as an artistic tribute to Sri Aurobindo's birthday.

Inspired by Sri Aurobindo's Four Austerities—Knowledge, Love, Power, and Beauty—and the vision of his Fifth Dream, this exhibition brings together textile works from the Sri Aurobindo Ashram, Aurville-based units To Be Two and Hibiscus Heroes, and other artists whose inner Tapasya (spiritual practice) finds form through powerful, creative expression. The exhibition invites viewers to witness this inner-to-outer movement: how silence, practice, and aspiration are transformed into colour, form, and texture.

We warmly invite you to visit the exhibition!

Priya for Unity Pavilion

French Pavilion presents

@ Pavillon de France, opposite the Visitor Center

BOARD GAMES

Wednesdays, 4—5:30pm

French Pavilion welcomes you every Wednesday, 4 to 5:30pm for Boardgames.

Come to relax and have fun, meet new friends and test your creative thinking by playing board games at the French Pavilion! For all ages, languages and levels.



Vivekan

SUNDAY PÉTANQUE

Every Sunday, 4—5:30pm

Sunday pétanque is back!

Discover or rediscover pétanque, a classic French game of skill and strategy, played by throwing steel balls at a small wooden ball called a 'cochonnet'. Played in teams on flat ground, it requires skill, strategy and precision. Open to all levels, it's a great way to socialize while having fun. Come and share a convivial moment and bond with others in a relaxed and welcoming atmosphere!



Submitted by Vivekan

Tibetan Pavilion presents

PAVILION OF TIBETAN CULTURE: THE LIBRARY

Monday, Tuesday and Wednesday mornings,
10:30am—2pm

For your information: We are opening our Library to the readers. We have vast collection of books on Tibetan Buddhism, History, Medicine, Environment and etc.



And also sections on India, China, Bhutan, Spiritual books on Sri Aurobindo and The Mother and good collection of interesting non-fiction books.

- Our opening hours: Monday, Tuesday and Wednesday mornings from 10:30am to 2pm.
- We remain closed on National holidays.

Kalsang
for Tibetan Pavilion

WEDNESDAY MOMO MOMENT

@ Pavilion of Tibetan Culture



White Wednesday! Lkakar Sang!

3,10,17,24 September

We are resuming Wednesday Momo moment at Pavilion of Tibetan Culture International zone.

To avoid food being wasted, we kindly request you to register and reserve your seat well in advance, latest by Tuesday 5pm.

- To register: 8489067332 WA

Submitted by Kalsang

Youth Initiative

BLIND BABBLE

Friday, 19 September, 5:30—7pm

@ YouthLink, Town Hall

Join us this Friday at YouthLink Town Hall for another blind babble gathering!

What is blind babble?

It's a game we created where you will be put with a random group of people and have the opportunity to delve into deep discussions on topics that one wouldn't usually talk about in a first meeting.

Its purpose is to promote conversations with new people and bring strangers together.

Do I need to bring something along?

Nope, nada! just yourself and positive vibes :)

See you there !!!



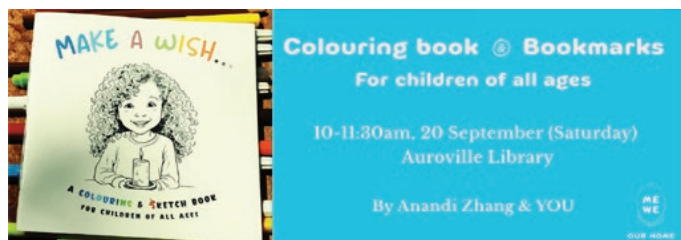
Arunkumar for YouthLink

Books

COLOURING BOOK MAKE A WISH:

Book & Bookmark event

Saturday, 20 September, 10—11:30am
@ Auroville Library



Dear children, parents, educators, artists of life cum life-long learners, you are warmly invited to a sharing of a colouring book Make A Wish, along with some poetic & playful bookmarks. Come to hear the “stories” that led to these creative expressions, sing a special “Birth-Day” song, create & connect...

- **Free entry.** Your presence and inputs most welcome.
- **Voluntary contribution** for 1—3 bookmark(s) each.
- **Suggested contribution** for the use of the book.

Anandi

THE SECOND VOLUME OF Memoire D'un Autre Monde

The second volume of *Memoire d'un autre monde* has now been printed. It is available at:

- Book Store at the Visitor Center
- Library on the Crown Road
- LOE.

And of course [can be purchased here](#).

Cristo



Theatre, Music & Arts

EN: An encounter/ conversation/ performance/ talk/ collaboration

with **Sono Kuwayama and Bob Holman**

Monday, 22 September, 5pm

@ Centre d'art Multimedia room

Sono Kuwayama and Bob Holman will land in Auroville at the end of their most recent journey through India, as the final island of their project Art Path into the Interior of India, with inspiration stops along the way at art communities, galleries, performance spaces, and homes, sharing cultures and ideas in the spirit of collaborative art.

Their talk-performance at Centre d'Art will create a space for collective exchange through language, memory, and consciousness. They see a community as a work of art itself. For them, an openness to art can transform a community.

Everybody is welcome!

There will be a lottery for a poetry portrait by Bob for those who stay till the end.

• Bob Holman

Bob Holman is a well-known American poet and poetry activist, most closely identified with the oral tradition, the spoken word, and poetry slam.

<https://bobholman.com/>



• Sono Kuwayama

Through her work, Sono Kuwayama is interested in exploring the relationship of the tangible and intangible; natural forms and manmade forms; the point between tension and harmony; movement and stasis.

<https://www.sonokuwayama.com/>

Marco

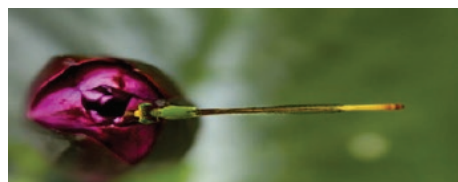
PHOTO EXHIBITION BY SATTVA

Little Creatures & Birds in our Backyard

Extended till 19 September, Monday to Saturday

8:30am—12pm and 2:30—5:30pm, @ Pitanga

“I would like to welcome everyone to this combined exhibition of two separate photo series—‘Little Creatures’ and ‘Birds in Our Backyard’.

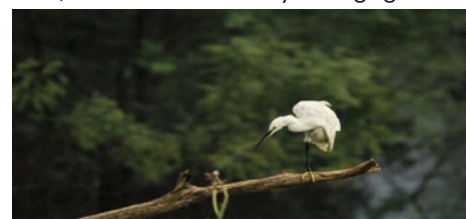


I’m a seventeen-year-old amateur photographer and my work mostly covers Nature, Culture and Community Life.

The first four

years of my life were spent right here in Auroville before I moved with my family to a sustainable farming community outside of Tiruvannamalai where I currently live.

Over the years I’ve been inspired by the natural beauty of both places. Immersion in the intricacies of the natural world from an early age fuelled in me an avid interest in ecology, conservation and birdwatching. These interests have had a profound impact on me, and one of the ways I engage with them is by using photography as a medium through which to explore and share facets of the wonderfully wild world around us.



These twenty-four moments frozen in time aim to bring our attention back to dramatic, beautiful and sometimes alien scenes that play out largely unnoticed around us!

I hope you enjoy them.” *Sattva*

“Two photo series that present an intimate look at the natural world around us. Familiar yet alien; beautiful, dramatic & delicate.”

Anandamayi

BHARAT NIVAS PRESENTS



BHARAT NIVAS
भारत निवास
The Pavilion of India, Auroville

Presents
THE MYSTIC BLUE LORD
solo Odissi Dance performance
by
Krishnendu Saha

06:45 pm
Sunday, 21st September 2025

Venue:
SAWCHU,
Bharat Nivas, Auroville



BHARAT NIVAS
भारत निवास
The Pavilion of India, Auroville

In collaboration with
KALARIPAYATTU PERFORMANCE

Entry : 300 per person
Every Saturday
11:00 am - 11:30 am

Venue:
Bharat-Kalari,
Near Sri aurobindo Auditorium,
Bharat Nivas, Auroville

TOGETHER BY P. SARAVANAN

5—24 September @ Centre d'Art Auroville

- Tuesday—Friday, 2—5:30pm
- Saturday, 10am—12:30pm, 2—5:30pm
- Morning by appointment
- Opening on Friday, 5 September, 4:30pm

"My paintings are filled with people, simple folks yet very colorful beings, who are only bothered in the moment but also celebrating the small gifts from nature and god, in every fleeting moment.

I live near the sea and hence my paintings usually describe small hamlets near the sea or the fishing villages. I use bold colours, mainly the vivid yellows, whites, blues, reds and oranges to fill the people. I try to blend the harmony between man and nature in all my works.

I am a loner, working in my home cum studio, recalling all the images from my cultural space. I do not have knowledge on theories or the different school of thoughts, but my work, as critics say, is original and instinctive.

I feel motivated when people find joy in my paintings and I recreate the same theme in a hundred different ways, the girl kissing a cat, or chasing geese or the fisherwoman and the fish all merging together to make a small world. The world around me, the world I believe in." P.Saravanan

Marco



UPCOMING SHOW AT MAJI:

Pause

PAUSE
Gayatri Gamuz - Supriya Menon Meneghetti



Opening: 6 September, 4 - 5:30 pm
Timings: Mon - Sat, 9 am - 5 pm
MAJI Maroma, Aspiration street, Kullapalayam, Auroville.

8 September to 18 October '25

Monday to Saturday 9am—5pm

Gayatri Gamuz and Supriya Menon Meneghetti's artworks feature the common thread of being influenced by nature, balance and the understanding that a moment of stillness can reveal the clarity of a thousand thoughts. There is an emphasis on the act of creation itself, which allows for interpretation and invites the viewer to experience the work in a deeply personal way.

Sagarika Bhati, Gallery Manager,
MAJI, Maroma, maji@maroma.com

WATERCOLOUR PAINTINGS: Efforts Never Fail



1 September—31 October, 10am—5pm
@ Aurelec

Exhibition of watercolour paintings by S. Alexraj B.V.A., Watercolour Artist, Puducherry, India.

Aurelec, Auroville Rd, Near SBI Bank Kullapalayam

- Contact Artist S.Alexraj B.V.A:
alexrajdart3@gmail.com, +91 8807013690

By Franz Fassbender

KALABHUMI GOES LIVE!

Saturday, 20 September, 7—9:30pm
@ Kalabhumi Music Studio



A live concert event powered by Shakti Arts

Unit of Auroville Foundation

Featuring:

- Suryan & Shanks, original folk-rock
- Sacha & The Internationals, pop/rock original music
- NoiZeGate, classic rock

Contribution based entry: Guests Rs300, Av/Nc/VI Rs150.

Parking only at Gaia field / CRIPA back entrance

Drugs/ alcohol prohibited

Submitted by Edo

Dance Activities

AUROVILLE TANGO

@ Harmony Hall, Bharat Nivas

- Monday, 8pm:
Introduction to Tango
- Wednesday, 7:30pm:
Practica
- Friday, 6:30pm:
OpenSource
- Saturday:
Bi-monthly Milongas

No partner required.

Bring socks or dance shoes.

And plenty of joy!



+91 9821166082,
tango@auroville.org.in

Aurevan

DANCE CLASSES BY MANI

Choose your Dance: Bachata, Kizomba, Salsa, Tango

Register now: +9186376 33696

Salsa Dance

@ New Creation dance studio

- Tuesday:
Salsa class, 6:30pm
- Saturday:
Workshop, 7pm

@Bakisata_dance



Tango Dance @ CRIPA

Monday

- Beginner, 6:30—7:30pm
- Intermediate, 7:30—8:30pm

Friday

- Workshop, 6:30—7:30pm
- Open practice, 7:30—8:30pm

Contact: +91 8637633696



Mani

NEW REGULAR SESSIONS OF DANCE FOR CHILDREN

@ New Creation Dance Studio!



We offer classes for almost all age groups:

- **Toddlers' dance initiation**
from 4 to 5 years old, every Monday, 2:30pm
- **Children' ballet class**
from 6 to 8 years old, every Saturday, 9:15am
- **Tweens' ballet class**
from 10 to 12 years old, every Saturday, 10:30am

Contact Fleur for enquiries: +91 9600225764 *Fleur*

DANCE WITH DANIEL

Open Style: Saturday, 4:30—6pm
@ CRIPA Small Hall

Hiphop: Sunday, 5:30—7pm
@ Harmony Hall, Bharat Nivas

Contacts: +97 2557732584

- Instagram: @daniel.helman.lee



Daniel Lee

Music & Art Activities

SVARAM ACTIVITIES

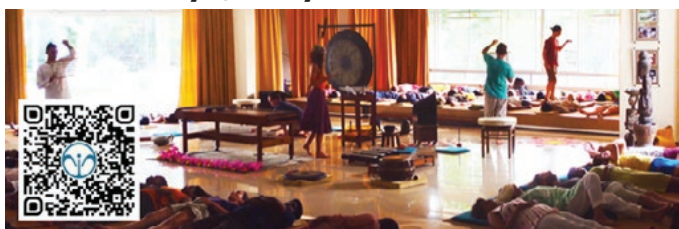
Sound Healing Session



This 45-minute Sound Healing Session is designed to help you reconnect with your natural state of well-being. It offers a supportive impulse for self-healing and balance, guided by a certified sound practitioner.

- **By Appointment Only**
- Available Sessions: Solo, Duo or Group
- For details and booking: Scan the QR Code or <https://svaram.org/sound-healing-sessions/>

Sound Journey @ Unity Pavilion



We are back for our 2025—2026 Season!

- **Every Wednesday, 5:30—6:30pm**
- For details and booking: Scan the QR Code or <https://svaram.org/sound-journey-unity-pavilion/>

Sound Garden Tour



These unique spaces invite people of all ages to reconnect with themselves, nature and sound.

- **Monday—Saturday, 10:30am—4:30pm,**
- **Sunday 10:30am—12:30pm**
- For details and booking: Scan the QR Code or <https://svaram.org/sound-garden-art-installations/>

Aurelio for the SVARAM Team

CREEVA

Center for Research Education Experience in Visual Art

Weekly Art Workshops & Sessions

- **Watercolour Painting Workshop** by Sathya
 - Every Monday, 5—7pm.
- **Life Model Drawing Session:**
 - Every Tuesday, 5—7pm.
- **Live Portrait** by Sathya:
 - Reach out to schedule a session.
- **Open Studio:** A space for everyone to explore their artistic potential: Every day, 9am—5pm,
 - Contact Abi: +91 82206 12413



For info contact Sathya: +91 9486145072,
sathyacolour@auroville.org.in

Sathya for CREEVA Art Studio, Creativity

Sports & Martial Arts

LA PISCINE AUROVILLE

Lifeguard & Life-Saving Training Course

26—29 September, 9am—5pm @ La Piscine, New Creation Sports Ground

La Piscine is organizing a life-saving course facilitated by RLSSI to train and certify lifeguards with essential rescue and first aid skills.

Course Highlights

- CPR & First Aid
- Water Rescue Techniques
- Lifeguard Fitness & Endurance Training
- Theory, Videos & Safety Manuals
- Written Examinations
- Certification upon Completion



The certificate has global recognition and validity from the International Lifesaving Society and Royal Life Saving Society UK.

Contact for Registration

- Raji, +91 97878 69747
- Hari, +91 90808 42138
- Gopal, +91 85259 61850
- lapiscine@auroville.org.in

Lila

BHARAT NIVAS PRESENTS

Kalaripayattu Regular Class

- Monday to Friday
 - Morning: 6—7am, Evening: 5—6pm
- @ Bharat Kalari, opp. Sri Aurobindo Auditorium



Regular Silambam Class

- Wednesday & Saturday, 5—6pm @ SAWCHU



Grappling and Rudiments of Martial Arts for Kids

- Tuesday & Thursday, 4—5pm @ Harmony Hall



Monisha for BN Team

KSHETRA KALARI @ ASPIRATION SPORT GROUND

- Kalari Classes for Beginners
 - Morning classes: 6:30—7:30am
Monday, Wednesday, Friday
 - Evening classes: 5—6pm,
Tuesday, Thursday, Saturday
- Kalari Classes for Advanced People
 - Morning classes 6:30—7:30am
Tuesday, Thursday, Saturday
- Kalari Massage Available
 - By appointment, 9042009200



Submitted by Maneesh

THE ART OF CHI:

Stevanovitch Method
Classes with Hans

Tai Chi Quan & Chi

- @ Dehashakti outside
- Tuesday and Friday, 6:30—7:45am

Body awareness & Relaxation

- @ Budokan Dojo, Dehashakti
- Wednesday, 5—6:15pm

For more info:

- 8110848123 WA.



Submitted by Hans

AIKIDO CLASSES

@ Auroville Budokan, Dehashakti

Aikido is a martial art created in the 1920s by Morihei Ueshiba, a master in traditional Japanese martial arts. Aikido is a path which aspires to the unity of mankind, the unification of the self with the universe, the union of Spirit and Matter. The Auroville Aikido group always welcomes new practitioners, Youth and Adults, and those who would like to revive their abandoned practice!



Changes regarding Aikido activity

Monday to Friday:

- Adult class: 6—7:30am
- Children class: 3:50—4:50pm

Saturday:

- Advanced: 6—8am
- Weapon: 8—9am

We also started a new activity named **Aikitaïso** it's a body practice based on Zen movement and Aikido body preparation. Perfect for everybody who wants to feel more grounded.

- Monday to Friday: 8—9am
- Friday: 5:15—6:15pm
- Saturday: 9—10am

8300643963 WA, Philippe G.
9952812843 WA, N. Murugan,
+ 33622053932 WA Michaël B.

AUROVILLE FUTSAL football club

Futsal is played on a much smaller court, it is more fun and intense, with more opportunity for goal scoring.

We play futsal in Dehashakti,

If you like football/ futsal and you want to learn, play and have fun, come and enjoy with us!



Girls all age/ level are playing

- Mondays and Wednesday, 5pm
- Please contact Balaji:
8940224950

Boys 16yo+ are playing

- Tuesdays and Fridays, 5pm
- Please contact Beber
638563 5943

Submitted by Beber

MOVING MEDITATION Taichi & Qi-gong

Taichi is the art of change. Learning how to drive your energy.

It is a mental & physical training method.

- Every Monday & Tuesday
5:15—6:15pm
@ Budokan, Dehashakti

Facilitated by Jiseong Park.

Contact:

+91 7094339490 WA



Jiseong for Youthlink

ABHAYA MARTIAL ARTS



Abhaya Martial Arts is proud to have trained over 500 students of all genders, ages, and experience levels. We've hosted expert Muay Thai coaches, Brazilian Jiu-Jitsu (BJJ) black belts, and introduced our students to a range of transformative practices. Our team has participated in national competitions and begun awarding official belts and degrees recognized by the **Shou Dao School**—a martial arts academy acknowledged by the Olympic Committee.



Our regular classes for adults @ 5:30pm

- **Monday:** MMA/Grappling with Coach Giacomo
- **Wednesday:** MMA/Grappling with Coach Giacomo
- **Friday:** MMA/Muay Thai/K1 with Coach Ruben, Coach Tanguy and Coach Giacomo

Please note:

- Contribution required
- Be punctual. Short nails, sportswear and no jewelry
- Stay home if you're unwell or have open wounds

For updates and participation: +91 9487340778 WA msg.

Brazilian Jiu-Jitsu classes for kids!

- **Tuesdays & Thursdays, 3:30–4:30pm** for kids aged 4 to 13.
- Contribution required
- **For more info or to join the kids' WA group:** +91 8448077070

Send your child in sportswear, with a water bottle—and a big smile!

Classes are led by **Monica**, an experienced assistant instructor beloved by the kids. At Abhaya, we teach Brazilian Jiu-Jitsu in a **non-competitive way**, focusing on **discipline**, **self-control**, and a solid, practical foundation in martial arts. BJJ is one of the most effective real-life self-defense systems and is proven to enhance **cognitive skills** and **fine motor development**, especially in young children.

Giacomo for Abhaya

MORNING SWIMMING CLASSES

for children

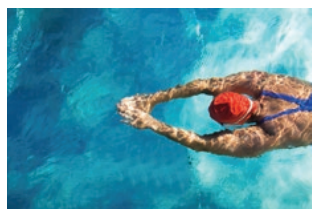
Limited spots available!

Tuesdays & Thursdays, 6:30am—7:30am
@ La Piscine

- Group classes for Aurovillian kids aged 11 to 15 years
- Safe and fun environment with professional guidance

Build confidence, improve technique, and enjoy the water!

- **To enquire:**
+91 8940 288090 WA



Sonia and Ana

SWIMMING CLASS

Swim to Serenity: Waves of Strength!

- Water therapy
- Open water
- Oceanic Water dance
- Water movie
- Swimming in pool

@watersport_mani

Book now:

- +91 8637633696

Package swimming class

Mani



Bioregion & Nature Activities

PEBBLE GARDEN:

Story of the Land

Saturday, 27 September, 10am—12:30pm



Join us for an informative talk & walk at Pebble Garden. Discover 30+ years of land regeneration, from bare pebble land to thriving biodiversity.

- **Limited Spots:** Register by +91 8148715966 WA
- Free Entry

Deepika & Bernard

AUROVILLE EARTH INSTITUTE

Upcoming On-Campus Training Courses



We are pleased to announce our upcoming training program at the Auroville Earth Institute. These hands-on courses offer a unique opportunity to explore sustainable construction techniques with a focus on earth-based technologies.

Below are the details of our upcoming sessions

Months	Dates	Category	Details
October	6—9	Special	Ferrocement

- For more information and to register:
www.earth-auroville.com
- Contact: training@earth-auroville.com

T. Ayyappan

SOLITUDE FARM ACTIVITIES



Saturday Free Farm Tour! Be a part of a weekly farm tour to learn where your food comes from. Free guided farm tour only on **Saturdays, 11:30am**. For the larger group (5+) and private bookings, there is a separate charge.

- Please email us at: solitudepermaculture@gmail.com

Education at Solitude Farm is all about reconnecting with local food. Local food is our nutritional heritage and at Solitude we help bring awareness and adoption of locally grown produce in our daily lives. Workshops at Solitude:

3 days Intensive Permaculture Weekend Workshop

- View schedule and book here: <https://solitude.farm/workshop/>

Join us on a road back to nature with this intensive and hands-on workshop that will empower you to start growing your own food and gain insight into knowing where your food comes from. Explore the principles of permaculture; mulching, rotations, intercropping, understand the steps to create a food forest, start a nursery, make your own soap and recycle your waste water, learn about seed saving and lots more.

Mini Permaculture Workshop

- Please email us: solitudepermaculture@gmail.com for the booking.

We offer mini permaculture workshops as private bookings for the group size 4 + participants. Duration: 2 hours. The group can select any workshop module mentioned below.

- Introduction to permaculture through local food:** Solitude Farm is a true example of Masanobu Fukuoka's philosophy in practice—a road back to nature through eating local food. In this workshop explore the wide diversity of plants that grow around us, their countless benefits, and delectable taste and even learn how to make your own vegan sushi, salad and coolers!
- Handmade Soap-Making:** By revaluing papaya seeds, neem flowers and soursop leaves, create your own natural soap and recycle waste water to grow your own food. We'll show you how to pack your soap in banana leaves and inspire you to cut out packaging with simple, creative ideas. The soap is yours to take away!

Farm Fresh Basket Service: A long term commitment to your health! A weekly basket filled with a rainbow of seasonal fruits and vegetables, along with a unique salad kit to ensure a complete nutritional package. This basket is available to anyone from the bio-region. Pick up your basket from the cafe—Mondays, Wednesdays or Fridays.

- Please email us at solitudepermaculture@gmail.com to book your basket.

Lunch Scheme @ Solitude

Experience a wholesome lunch scheme at Solitude Farm—freshly prepared straight from our farm every day. Enjoy traditional grains such as millets and red rice, heritage greens like local spinach, and a variety of seasonal fruits and vegetables rich in Ayurvedic benefits. All food is grown without chemicals and follows time-tested methods that have supported communities for generations.

If you're passionate about sustainability, looking to reduce your carbon footprint, or want support in managing life-style conditions such as diabetes or high blood pressure, this lunch is designed for you. Set in a tranquil, scenic space, this is more than just a meal—it's a chance to reconnect with your roots.

Come, eat well, and feel well.

- Booking:** solitudepermaculture@gmail.com

Krishna for the Solitude farm & café

MOHANAM PROGRAM

For more information and registration for all the tours, workshops, classes and events:

mohanamprogram@auroville.org.in

Call/WA: 8300949079

Office: 10am—4pm,
Monday to Saturday

Auroville Bio-region hub for art, craft and culture to bridge and promote Local Tamil culture

1 day advance booking is necessary.

Make & Take Workshop @ Mohanam Campus

Craft Activity	Duration
Pottery Making	1 hour
Kolam Mandala Painting	2 hours
Coconut Shell Craft	3 hours
Incense Making	1.5 hours
Lampshade Making	3 hours
Paper Marbling	1 hour
Candle Making	1.5 hours
Soap Making	2 hours or 1 day
Traditional Leaf Craft	2 hours
Bamboo Jewellery	2 hours
Dreamcatcher	2 hours
Henna	2 hours



Pottery Making



Kolam Mandala Painting



Candle Making



Incense Making



Soap Making

- The Make & Take workshops can be booked for any day **Monday—Saturday, 10am—12:30pm or 2—5pm.**

Auroville Bioregional Experience with Mohanam

Tour Activity	Duration
Village Tour	3 hours
Munnur & Perumukkal Visit	6 hours
Kaluveli Tank Visit	6 hours
Bio-region Village Temple Tour	4 hours
Navagraha Temple Visit (Moratandi Navagraha Temple & Prithyangara Temple)	3 hours
Wood Fossil Visit and Quarry Shower	6 hours

Classes @ Mohanam Campus

1 day Advance booking of classes is necessary:

Activity	Time	Description
Cooking Class	Monday to Saturday, 10am—12:30pm	Learn to cook traditional South Indian food and snacks.
Saree Draping	Monday to Saturday, 10am—4pm	Learn how to drape a saree and model your look in an optional photoshoot.
Siddhar Ongara Five Elements Chanting	Every Saturday, 3:30—4:30pm	Chanting calms the mind, boosts energy, and fosters inner peace—join our class to experience its transformative power.

Tours inside Auroville with Mohanam

Tour Activity, Time	Description
Auroville Northwest Tour Monday to Saturday, 10:30am—1pm	Experience the beauty and richness of Tamil culture, tradition and heritage in the north-west zone of Auroville.
Mohanam Campus Tour Monday to Saturday, 10am—4pm	Visit Mohanam Bio-region Cultural Centre to experience Tamil culture with all your senses—taste local food, tour the bamboo experiential farm, attend art and craft workshops with local bio-region artisans, and buy products directly from the artisans at the Lively One-Village Boutique.

Thiruvannamalai Eco & Spiritual Services

Thiruvannamalai—Mohanam Services. Arunachala—Auroville. Tour, Retreat space, Camping, Temple visit, Ashram, Girivalam Full Moon Experience

The following services are available in Thiruvannamalai as Mohanam program has partnered with locals to arrange local tours, therapy, ashram visits, healing sessions, trekking and camping packages, group outings and awakening/spiritual tours and Thiruvannamalai volunteering activities. You can book the complete tour (cab, stay, local visit to spiritual places) by the Mohanam youth to Thiruvannamalai.

For more information, contact us:

- mohanamprogram@auroville.org.in,
- +91 8300949079

Balu for Mohanam Program

AUROVILLE BAMBOO CENTRE EVENTS

Bamboo Centre Campus Tour

Bamboo Centre campus tour offers a holistic experience into the world of bamboo all in one place. Takes you from the bamboo sapling, different species, varieties of raw materials, workshops, products, food and wellness services related to bamboo is curated into an educational tour with bamboo tea and refreshments.

- 11am—12:30pm, 2:30—4:30pm
- Every day except Sunday
- Registration one day in advance.

Every Saturday Auroville Bamboo Tour with Special Bamboo Lunch



- 11:30am—12:30pm, every Saturday
- Registration one day in advance.

Special Bamboo Lunch for Groups in week days

- 11:30am—12:30pm, every day except Sunday
- Registration two day in advance.



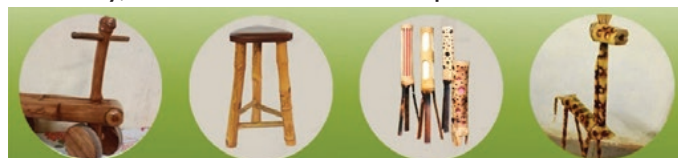
Trainings and workshops

- Every day except Sunday

The importance of Bamboo as an Eco-friendly raw material capable of meeting many needs and is gaining global acceptance among many people. Being a natural gift to mankind, bamboo is very popular due to its multipurpose use, fast growth, easy propagation, soil binding properties and short gestation period.

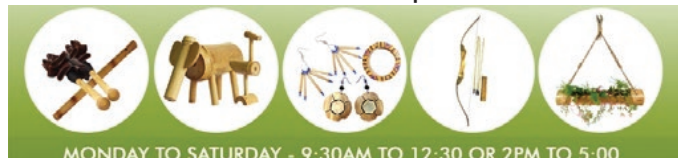
Daily, Make and Take Hands-on Workshops Experiences

One-Day, Make and Take Workshops:



- 9am—12:30pm, 1:30—5pm
- Registration one day in advance.
- **Furniture Workshop:** This immersive learning experience that offers the opportunity to learn the fundamentals of furniture construction and then make and take the furniture piece back home. This unique workshop will take place under the guidance of an expert.
- **Bamboo Lampshade:** Come and learn to make your own Bamboo Lampshade at Bamboo Centre and take home your own hand made lampshade at the end of the workshop.
- **Bamboo Giraffe:** Come and learn to make your own Bamboo Giraffe at Bamboo Centre and take home your own hand made giraffe at the end of the workshop.
- **Bamboo Bicycle (For Kids):** Are you ready to bring your cycling aspirations to life? Join our immersive 1-day Bamboo Bicycle frame-building experience and embark on a journey that goes beyond just assembling a cycle.

3 Hours Make and Take Workshops:



- Walk-in registration available
- 9am—12:30pm or 2:30pm—5pm
- **Bamboo Toys:** Come and learn to make your own Bamboo Toys at Bamboo Centre and take home your own hand made Toys at the end of the workshop.
- **Bamboo Musical Instruments:** We at Bamboo Centre are happy to share our vast experience and knowledge gained over 15 years. Come and learn to make your own traditional/ folk instruments at our centre from professional craftsmen and take home your own hand-made instrument at the end of the workshop.
- **Bamboo Jewellery:** Choose to craft, out of bamboo and learn to make your own Bamboo Jewellery at Bamboo Centre from professional craftsmen and take home your own handmade Jewellery at the end of the workshop.
- 10am—12:30pm or 2:30pm—5pm
- **Bamboo Planter:** Come and learn to make your own Bamboo Planters at Bamboo centre and take home your own hand made Planter at the end of the workshop.
- **Bamboo Archery:** Come and learn to make your own Bamboo Archery at Bamboo Centre and take home your own hand made Archery at the end of the workshop. This course provides you with the opportunity and guidance for create their own bamboo archery and bow from start to end. All tools and materials provided in the cost of course.

Upcoming Program

- bamboocentre@auroville.org.in
- +91 8300949081 WA or phone
- 0413 2623806 , 0413 2190757

Celebrating World Bamboo Day 2025

- 18,19 & 20 September, 9am—5pm

The Auroville Bamboo Centre is celebrating World Bamboo Day 2025 with a three day open house. The event will feature a bamboo planting ceremony, hands-on construction workshops, interactive Make & Take sessions, and unique bamboo-inspired refreshments including teas, dosas, and kombucha. Visitors can craft and take home their own bamboo products while experiencing the versatility of bamboo through food, music, and design. The celebration will conclude with a special bamboo lunch and closing ceremony accompanied by bamboo beats circle.



- The event will feature a bamboo planting ceremony, hands-on construction workshops, Interactive Make & Take sessions.
- Unique bamboo-inspired refreshments including teas, dosas and kombucha.
- Special bamboo lunch on 18 & 20 September.
- The celebration will conclude with a closing ceremony on 20 September accompanied by bamboo beats circle 3 to 4pm.
- Pre-book in advance for special lunch

Bamboo Beats Circle

- 20 September, 3—4pm

Step into the rhythm of nature as we bring you Bamboo Beats—a vibrant musical journey where bamboo itself becomes the heart of sound. From soulful jams to energetic band performances, the session will blend tradition with creativity, showcasing how this versatile material can inspire not only design but also music.



As the beats rise and flow, join us in celebrating the closing moments of the event with harmony, rhythm, and the raw energy of bamboo.

- Fre- book in advance, limited slots only.
- bamboocentre@auroville.org.in
- +91 8300949081 WA or phone
- 0413 2623806 , 0413 2190757

For more information, special requirement, and pre-booking contact:

- Preferred: bambooworkshop@auroville.org.in or bamboocentre@auroville.org
- or +91 8300949081, voice call & WA
- 0413 2623806/ 2964727
- Flexible training dates offered to groups
- www.aurovillebamboocentre.org

Balu for Bamboo Centre Team

WELLPAPER WORKSHOP

10am—4pm, every day except Sunday

Join our workshop to learn & enjoy the process of turning waste paper into art. Create your own unique upcycled products from old newspapers to take home.

Wellpaper: +91 9385744722, 0413 2969722



Viji

ENLIGHT



Bioregion Tour



Canyon Tour



Forest Walk



Cooking Class



Fireside Drumming



Pottery Workshop



E-Auto Tours



Visit Units



Cycle Tour

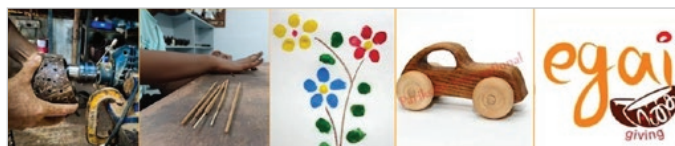
ENLIGHT

+91 76398 10621/82700 71581/0413-2963034
enlight@auroville.org.in / www.enlight.org.in

Arun,
Anand and Balaji for Enlight Team

EGAI GIVING

Arts and Crafts



Toys Workshop: Craft simple toys made of wood and bamboo.

Finger Painting Workshop: Tap into your inner child and learn how to paint with your fingers.

Coconut Shell Workshop: Make and take earrings, keychains, bowls, and pendants.

Incense Workshop: Come and make your own agarbatties.

Products



We make craftwork out of eco-friendly materials such as coconut shell. All our products are unique by design and sustainable.

- Contact Anand: +91 9791896488,
egai@auroville.org.in

Anand

SADHANA FOREST: Plant based Saturday

Every Saturday

Join us every Saturday for a day of connection, learning, and delicious plant-based food! Whether you're curious about sustainable living, enjoy spending time with cows, or want to explore new recipes, we'd love to have you with us.

Schedule:

- 09:00 Breakfast
- 10:00 Cow Connection
- 11:00 Plant-Based Cooking Class
- 12:30 Talk on Diet & Nutrition
- 18:00 Dinner

You're welcome to join for the whole day or just a part of it, all offered to you as a gift from Sadhana Forest free of charge.

Aviram

Multiple Activities

IT MATTERS ACTIVITIES A/C ROOM

@ It Matters, Auroville Main Road

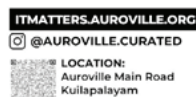
More info on instagram:

• [@auroville.curated](#)

Workshop pre-registration required:

• itmatters@auroville.org.in or

• +91 9344087925 WA



Date	Workshops in September*
20, Saturday, 08—09:30am	Yogic Science of Breath (Pranayama & Mudras) with Mamta, Contribution Based
20, Saturday, 10am—12pm	Towards A Horizontalisation Of Life (An Introduction To Adlerian Psychology & Philosophy) with Olivier, Contribution Based
20, Saturday, 2—3pm	Contemplative studies (Foundations of Indian Culture) with Anshul Sinha, Contribution Based
20, Saturday, 3:30—5:30pm	Intro Session (Integral Polarity Practice) with Henrik, Contribution Based

* Pre-registration for Workshops required (if participants do not actually come after registration, the session might be cancelled)

Sandra & Bhakti for It Matters

Office Spaces

Office Space Available: Auromode

Office Space inside Auromode Premises with superb infrastructure, including Generator back-up, 24 hours Security service, Aqua Dyn drinking water, Car & Bike parking and restaurant.

Contact Mr. Pandian

at Auromode in person, +91 9943390391 or pandian@auroville.org.in

Pandian



Aurelec Spaces Available

35.12 sqm. closed space available inside Aurelec Premises. This space is ideal for workshop or office or storage with generator back-up, 24 hours security, parking, provision to put air-conditioners, high speed fibre internet access (BSNL and Aurinoco), canteen and sports facilities.



Conveniently located closed office room (around 18.30 sqm.) on the first floor inside Aurelec premises with superb infrastructure, including generator back-up, UPS System, provision to put air-conditioner, 24 hours security, parking, high speed fibre internet access (BSNL and Aurinoco), canteen and sports facilities.

• Interested people may contact Mr. Siva at Aurelec in person, or by phone to 2622293/ 2622294 or e-mail adps@auroville.org.in Siva for ADPS Trust

Cowork, kindly @ Marc's Cafe

RESPECT THE SPACE, THE PEOPLE, AND NATURE

GOOD TUNES, NO BAD VIBES
FREE WIFI
SELF SERVICE

MON-FRI
9 AM-5 PM

COWORK, KINDLY.

SCAN FOR MENU

SCAN FOR WIFI

Kinisi Cowork

Our vibrant space—right behind Kinisi e-mobility (CSR campus)—offers an ideal balance of focused work, being part of a supportive community and relaxing surroundings.

• **Opening hours:** 7am—11pm

• **Flexible Passes & Validity:**

1 Day Pass

5 Days Pass (Valid 14 Days)

25 Days Pass (Valid 60 Days)

60 Days Pass (Valid 120 Days)

• **Conference Room:** As Booked (4 hrs)

• **Amenities:** Enjoy fast internet, power backup, AC, meeting room, EV Charging and complimentary coffee/tea (10am—4pm).

• **Community & Connection:** Beyond the amenities, we cultivate a supportive community that fosters collaboration and upskilling. We organise coworkers' lunches, game nights and workshops to learn new skills.

Ready to join? Learn more and book your spot:

• +91 9429690049,

• hello@cowork.kinisi.in

• CSR Campus, Auroshilpam, Auroville—605101

• cowork.kinisi.in

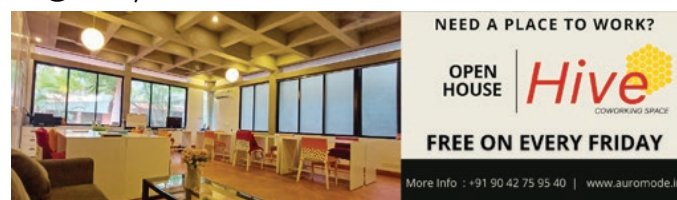


Laure

Hive Coworking Space Open House

• **Every Friday, 9am—7pm**

@ Hive, Auromode



Step into Hive and experience the Cosy workspace with super-fast Internet, Coffee—All for Free on our weekly Open House from 9am to 7pm.

Visit us at www.auromode.in/hive-coworking for more details on our flexible plans and facilities.

For inquiries:

• auromodehive@auroville.org.in

• +91 9042759540 WA,

• +91 7092197375 WA

• or drop by

All are Welcome!

Dhesh for Hive Team

It Matters

Space Sharing for creative people

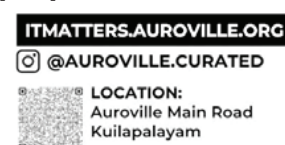
Do you need an art studio or an office space? Whether it's computer work or artistic practices, we'd like to invite 5 to 10 people max that are committed to using the space for at least 1 month and up to 6 months and more.

The monthly contribution will be adapted to the space you need and how long you commit. Interested?

• Send us your info, creative practice and motivation at: itmatters@auroville.org.in

We'd love to meet you :)

Bhakti & Sandra



Honorary Voluntary

GAU SEVA AT SADHANA FOREST!



Your heartfelt service is needed at the Sadhana Forest Gaushala!

You are most welcome to join us on any day from 7am onwards, and have a vegan breakfast at 8:45am. Breakfast is offered as a gift, and there is no need for prior booking. If you would like to contact us:

sadhanaforest@auroville.org.in,

8525038274 WA or call
8122274924

Aviram
for Sadhana Forest team

VOLUNTEERING @ ECOSERVICE

Everyone is welcome at Ecoservice because it's our communal attempt to practice what we preach about ecology and a city the Earth needs.

**Tuesday mornings
is a dedicated time that all
are welcome to randomly drop in**

for some onsite sorting and other activities, to look around or whatever. For regular volunteering, special projects or needs, please call first.

B for Ecoservice,
7598911090 WA



AARAMBHAM LEARNING SPACE

Looking for a long-term volunteer Facilitator

Our expectations: Responsibility and punctuality, ability and preferably some experience of work in the education field (age from 6 to 12), good communication skills with kids and adults, ability to move around Auroville, interest and motivation, optimism and good energy.



We can provide lunch and some additional bonuses to come as you will stay with the team longer.

For details: aarambham@auroville.org.in

+91 83002 88303, WA messages

Alexey

Work Opportunities

JOB OPENINGS

@ AuroYali, Auroville

We are looking for motivated and passionate professionals to join our team in Auroville.

Project Manager

- **Experience:** 0-2 years
- **Skills:** Planning and Estimation
- **Qualification:** B.E / B.Tech in Civil Engineering
- **Preference:** Women candidates are encouraged to apply

Civil Engineer (Site Supervision)

- **Experience:** 0-2 years
- **Role:** Site supervision and coordination
- **Qualification:** B.E / B.Tech in Civil Engineering
- **Preference:** Male candidates are encouraged to apply

Interested candidates may send their CVs to:

+ auroyali@auroville.org.in

Mohan J

Foods, Goods & Services

POUR TOUS WATER FREE SERVICE

Pour Tous Water provides free service to the Aurovillians as part of the prosperity vision (service for all). This free labor service is supported through city services budget.

The parts & material costs need to be paid directly by the Aurovillians to the supplier as follow:

- NEFT through financial service or Gpay.
- Post completion of the work you will receive payment details through the PTW office.
- Hard copy of the material bill from supplier shall be sent thereafter.

For the work, please contact us at Pour Tous Water office numbers:

- 2622899, 9843644308 WA and Call
- ptw@auroville.org.in

Please note:

- **Do not give any cash to any team member** of PTW.
- We request to avoid calling our workers directly on their contact numbers.

Danny, Grace for Pour Tous Water team

HIBISCUS HERBAL TEA @ PTDC

Hibiscus has an Immense health Potential.

To avoid any sugar mixed with flowers, we are giving the dehydrated flowers powder to make herbal tea. This process preserves all the qualities of the flowers.



Qualities: Hibiscus flowers and leaves have great properties to support the blood, the reproductive system and the nervous system. It has a cooling effect that helps to reduce the heat in the body and any inflammations in the urinary tract. It helps to re-balance the hormonal system for the woman who suffers painful menstrual cycle or excess bleeding along with anemia. The flowers help to purify the blood and the heart, assist the liver for a better skin complexion and it promotes hair growth.

Brewing Instructions: Bring 1 cup of water to a near boil. Pour it over 1 teaspoon of Hibiscus Herbal Tea. Cover and let steep for 5 to 10 minutes depending on your desired strength. Strain and serve, or refrigerate for up to 3 days.

Pierre

EXCITING NEWS FROM SUDHA'S KITCHEN!

What's new on the Menu?

- Red Rice & Millet Mixed Dosa
- Red Rice & Millet Mixed Idly
- Chapati every evening
- Dosa & Idli available for breakfast too!



Healthy Plate monthly scheme for Aurovillian Volunteers & Guests

- Wholesome, balanced meals every day
- Easy monthly booking option
- Special Offer: Aurovillians get 20% Discount



Group Bookings Welcome: Planning a gathering or arriving with a big group? We'll be delighted to serve you fresh & healthy meals.

Contact Us

+91 8608123072 WA, +91 413-3509884 landline

Come enjoy delicious, nourishing food in a warm place with beautiful trees surrounded!

Arun

AUROVILLE BAKERY CAFE IN TOWN HALL

7:30am—4:30pm

The Cafe is open from 7:30am to 4:30pm, serving South Indian breakfast, crepes, wraps, sandwiches, omelettes, juices, and all of your other favorites from the Auroville Bakery Cafe.

The Cafe also hosts an Auroville Bakery outlet, where you can find an assortment of breads, cakes, and croissants.

In addition, for your convenience, advance orders placed at the the Auroville Bakery can now also be scheduled for convenient pickup directly at the new outlet.

Auroville Bakery & Cafe Team, from Mass Bulletin



NATURELLEMENT GARDEN CAFE DISCOUNT

September: 50% every Thursday

We're happy to share that our 50% discount every Thursday has received such great feedback that we are now extending the offer through September as well. Most welcome!



Chitra for the Naturellement Garden Cafe team

PT PURCHASING SERVICE

Pour Tous பூர் தூஸ் For All

- Canteen is now offering an In-Kind Lunch Scheme (Tiffin Service)

We are happy to announce that PT Purchasing Service—Canteen is now offering an in-kind lunch scheme (Tiffin service). If you are interested in subscribing to the monthly lunch scheme, please send an email to: ptps@auroville.org.in.

- PT Purchasing Service closing time: 5:30pm

From Mass Bulletin



@ Luminosity Auroville

Lunch: Tuesday & Saturday, 12:30pm

Tea Ceremony: Wednesday, 10am & 3pm

Please book one day in advance

+91 9489693809, goyo@auroville.org.in

Won Ja for Goyo



Kyonghyon Lee for Right Path Cafe

BHARAT NIVAS CAFE

Daily, 9am—4:30pm

Bharat Nivas Cafe serving Pongal, Red rice idli, Ragi dosa, Brown rice meals and home made pani poori every day starting from 9am till 4:30pm

Aravind

NEEM TREE CAFE OFFER

Neemtree Cafe offers fresh fruits juices, wraps, dosas, parathas, tacos, salads, burgers, french fries etc:

- We are open every day **Monday to Saturday** @ Mahalaxmi park (Near Solar Kitchen). Sunday is holiday.

- Our prices are 20 to 200 only inclusive all taxes

Come and enjoy!

Parthasarathy Krishnan



Mon to Sat
08:30 - 16:30



Kathir for Vérité programming

AUROMODE RESTAURANT

is Open

Monday to Saturday, 12—3:30pm & 6—9pm

We at the Auromode Restaurant are happy to announce that we are now open!

We look forward to seeing you all.

*Pavithra
for Auromode Restaurant*

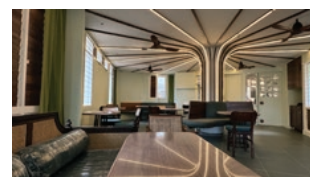


LIVING ROOM CAFÉ

Open every day, 8am—9pm

Come enjoy delicious meals and coffee in our cozy space, located on The Crown across from the Auroville Library.

We serve breakfast, lunch, and dinner for Aurovillians, newcomers, volunteers, and guests. We look forward to seeing you!



*Debo
for The Living Room Cafe Team*

THE SPROUT CAFE & RESTAURANT



Nourishing body and soul,
freshly made, daily at The Sprout.

Mon - Sat 7:00 - 16:00
www.thesprout.in

*Monica for The Sprout team,
www.thesprout.in*

SOUTH INDIAN BREAKFAST

@ Aurelec Cafeteria
7:30—10am
Variety of Dosa and
Millets Pongal, Coffee
Rs.99

Submitted by Shiva



FOODLINK MARKET IS OPEN EVERY DAY



Monday—Saturday, 9:30am—12:30pm

We welcome you every morning from 9:30am to 12:30pm. We are open to volunteers, guests & visitors and we accept payments by FS account, Aurocard and UPI.

- **For more info:**
call/ WA +91 83002 68804 or pass by. *Isabella*

ANNAPURNA FARM BASKETS

Annapurna Farm offers farm baskets of produce/ products (dairy, fruits, and grains) from Annapurna to connect with the consumers directly.



Residents/ volunteers/ guests can select from the range of produce/ products to order via google form. Orders are delivered to Foodlink & PTPS on Saturdays. Some of the produce/ products are exclusively available for CSA orders.

- We have a WhatsApp group to make weekly announcements for the order form links and occasional farm updates.
- Please scan the QR code to join the group or [follow this link](#).



*Madhuri
for Annapurna Farm*

TAMIL NADU BASMATI RICE

@ Siddhartha Farm

At Siddhartha Farm, we have introduced Tamil Nadu Basmati rice, which we have been successfully cultivating here. It is now available at the following outlets: PourTous Distribution Centre (PTDC), PourTous Purchasing Service (PTPS), Farm Fresh, and Hers.

This aged, semi-polished Basmati raw rice is available in both whole grain and broken grain forms.

- Direct bulk orders are welcome, with a 25% discount offered on the following minimum quantities:
 - Whole grain rice, 25 kg
 - Broken grain rice, 15 kg
- Door delivery within Auroville will be provided as part of our service.

If there is a positive response from the community, we look forward to continuing its cultivation.

- For pricing and orders, please contact us at:
siddhartha.farm@auroville.org.in,
+91 8838012456

Available for immediate supply.

*Suha
from Siddhartha Farm*



DOWNLOAD OR ACCESS DROPZY APP

Android: <https://play.google.com/store/apps/details?id=app.auroville.dropzy>

iPhone Browser Version:
<https://app.dropzy.in/public/dropzy>

Desktop: <https://app.dropzy.in/public/dropzy/desktop-version>



Sathish

SURABHI SUPPLIES

Your one-stop shop for quality materials and equipment in Auroville! We offer discounted prices on construction supplies, appliances, machinery, and more through bulk purchases, saving you time and money.



- **Contact us for all your procurement needs:**
surabisupplies@auroville.org.in
+91 9843846458 WA, Phone, Iyyappan

HEMPLANET: EXPLORE THE BENEFITS OF HEMP!

Visit Hemplanet for a range of hemp-based products, including hemp oils, protein powders, hemp foods like granola bars and pasta, and body care products. All products are eco-friendly and perfect for a healthy lifestyle.



- **Location:** First Floor, Building 1, Auroville Main Road, Reve Area, Auroville
- **Opening Hours:** Monday to Saturday, 10am—4:20pm
- **Contact:** +91 8098021280/ +91 7824975821. *Davide*



Open 24 X 7: Any Taxi bookings can be done directly to our UTS office. The contact numbers are:

- Landlines: 0413 2623586, 0413 2623587
- Cellphones: 9047015801
- Email: uts@auroville.org.in

Lakshmi for UTS



Your trust and encouragement inspire us every day to continue providing reliable and eco-conscious transport solutions for everyone: From **E-scooter and bike rentals to taxi and transport services, electric rickshaw pickups and drops, electric bike maintenance and delivery services**, we are honored to serve the diverse and vibrant needs of this incredible community.

Shared Transport Service

Shared Transport in Auroville is dedicated to offering **cost-effective travel options by arranging shared trips between Chennai and Auroville**. Additionally, we provide **local trips within Auroville and Pondicherry**.



- Taxi bookings can be made directly through our STS (ITS) office.

Location: ITS (Integrated Transport Service), Solar Kitchen Area, in front of PTDC, Auroville—605101

Contact: 8098776644/ 9442566256, its@auroville.org.in
Rajesh.D for Shared Transport Service

KINISI E-MOBILITY

At Kinisi we are passionate about making sustainable, electric transport accessible and convenient for everyone in Auroville. Whether you're a guest, long-term volunteer, newcomer, or Aurovilian, we have tailored solutions to get you moving quietly, cleanly, and efficiently.



Our Services Include:

- E-Cycle, E-Scooter & E-Bike Rentals:
- Flexible pricing depending on the duration of rentals for guests. <https://app.kinisi.in/>
- Special discounted rates for SAVI registered for long-term volunteers—ask about our volunteer scheme! <https://app.kinisi.in/volunteer/>
- KIM Scheme: Exclusive benefits for Aurovilians and Newcomers. <https://app.kinisi.in/kim/>

Repair & Service:

- Comprehensive repair and maintenance for all models of e-cycles, e-scooters, and e-bikes—no matter where you bought it!
- General Service, Battery, Motor, and Controller check, parts replacement, and recycling services.

Contact Us:

- +91 8300460679/ 680, info@kinisi.in
- <https://bit.ly/2Jl4Q9Z>, <https://kinisi.in/>

Debo

SUNRISE TAXI SERVICE

SUNRISE TAXI SERVICE
A Unit of Auroville Foundation

Book A Taxi 24/7

+91 9843880591

Office: (0413) 2220591, 2220592
Office cell: 8610915429
sunrisetaxi@auroville.org.in
www.auroillesunrisetaxi.in

Sathish for Sunrise Taxi

QUTEE

Electric Scooter Service

Many in Auroville are not aware that a quality service for all brands of electric scooters, and especially the ones (Hum-vee) made here over the years, is conveniently available. The Qutee service center is located near the Certitude entry of Auroville across from the Road Service just off the tar road before the Puncture Service.



New and old electric scooters can be repaired, maintained or replaced. Also battery services (recycle, repair, replace), Uninterrupted Power Supplies (UPS) and solar system services can be conveniently arranged. All work is coordinated by Govindaraj (Aurovilian) with decades of experience.

- You may call Qutee 9443372418/ WA 9092637055 or email govindaraj@auroville.org.in for any of your requirements. Upgrade to electric transport and solar power.

Govindaraj & B
for Qutee Electric Scooter Service

RAPID CARE SERVICES

Rapid Care Services is your trusted one stop solution for repair and maintenance and ancillary works since 2022. For more information or to schedule a service, please don't hesitate to contact us.



RAPID CARE SERVICES
One call to solve all your problem

Services offered

Category	Service
Metal Works	Channels, Doors, Piping, Fabrication
Plumbing	End to End, Job works
Furniture	Repairs, Made to order
Masonry	Repairs, Renovations and Remodulation
Painting	End to End, Job works, Floor Waxing
General Maintenance	Fumigation, All Home Utilities, Fencing
Installations	Washer and Dryer, Air Conditioner, Inverter, Water filter, Security Camera
Electrical Works	Wiring, Metre box, Lights, Switches & Sockets, Motion sensor
Cleaning Service	Deep cleaning—House, Office, Guest house etc, Bathroom cleaning, Water tank cleaning Vacuum cleaning, mopping, dusting, floor polishing, polishing mirrors.
Landscape Design	Overall design of outdoor spaces, from entrances to courtyards and community areas.
Repair & Renovation	Roof leakage, alterations to a pre-existing structure or building, upgrades to an existing building, outdoor space, or existing infrastructure.
Transport Service	Load Carrier facility

- **Contact:** + 91 8270071581

- **Primary Email:** rapidcare@auroville.org.in
- **Secondary Email:** rcsrapidcareservice@gmail.com
- **Instagram handle:** @rapidcare1 **Balaji & Arun**

PRAKRIT

not just a **Furniture company**

We Design
Produce & Manage your wood works

Dear fellow Architects, Interior Designers and Developers in Auroville, we at Prakrit extend to you our expertise in working with Solid wood, primarily design and production of furniture and furnishings ensuring sustainable production, effective management and superior quality.

Head over to our website www.prakrit.org.in to check out our portfolio of projects done in collaboration with various architects and businesses over past years. Reach out to us for enquiries and collaborative opportunities.

Mehul for Prakrit, +91 9634424066



Vanakam, Bonjour and Hello from Inside India

Launching Our Kolam Workshop every Friday

- Every Friday, 2—4pm

Inside India is excited to announce our Kolam Workshop. Join us to learn and experience the traditional South Indian art of Kolam, where intricate patterns are created with rice flour, blending creativity, culture, and mindfulness. Open to all skill levels.

Auroville Bio-Region Tours by Inside India

Join our tours as we take you through the powerful, ever-evolving Auroville bio-region. Catered to your niche and interests; explore where forests are still growing, communities are still dreaming, and where the land speaks if you listen.

- Tours run from 10am—3pm, with a hearty Auroville-style lunch. Available only on request, with a 24-hour heads up.

Cycle Tours through Auroville

Ride into the green lungs of Auroville on our newest bicycles partnered with KINISI. Muddy red earth under your wheels, rain-washed trees above you, sound of birds, forest winds and chance detours, explore this slow travel at its finest.

- Tours run from 10am—3pm.
Please book 36 hours in advance.

Off-Road Cycling & Half-Day Rides

For those who want to go off-script; we now offer off-road rides with our seasoned cycling guide. These are wild, custom-built trails cutting through fields, villages, forests and backroads of the bio-region. We tailor it to your stamina, spirit and sense of adventure. Available on request, with a 36-hour heads up.

Special Flights and Offers

- **Etihad Airways:** From Chennai to Paris, Frankfurt, London, Brussels, Amsterdam, Vienna, Rome, Milan, Madrid, Munich, Zurich.
- **Air India:** From Chennai to Paris, Frankfurt, London, Amsterdam, Vienna, Zurich, Milan, Seoul.
- **Emirates:** From to Vienna, Rome, Milan, Madrid, Munich.
- **Cathay Pacific:** From Chennai to Seoul.
- **Lufthansa:** Chennai to Paris, Frankfurt, Brussels, Berlin.

Individual Travel Insurance by Bajaj Allianz

Inside India is now offering Travel Insurance to ensure safe travels and a smooth journey for you from the start till the end! Travel comes with risks—delayed baggage, lost passport, or sudden illness. Individual travel insurance ensures financial protection, quick assistance, and peace of mind wherever you are.

What is Individual Travel Insurance?

It's a policy that protects solo travelers, families and any traveler against unexpected events like medical emergencies, trip cancellations, or lost baggage while traveling abroad.

Key Features of Bajaj's Travel Insurance:

Global 24/7 assistance, Covers medical emergencies, trip delays/cancellations, lost belongings, and even home burglary while you're away. Quick and hassle-free claims with fast settlement.

Inside India Timings and more

- Inside India is open for your next journey **Monday to Friday, 10am—5pm**
- We are open this **Saturday, 23 August**.
- For urgent matters or emergencies, you may contact our ticketing agent Ganesh: +91 9894598686.

Itineraries & Ticketing

Whether you're dreaming of a mountain retreat or a coastal getaway, we're here to help. Inside India offers tailor-made travel itineraries across India and Sri Lanka.

- Write to us at tours@insideindiaauroville.com to start planning.

We are open Monday to Friday, 10am to 5pm, at our Office in Kalpana Community (Opp. Auroville Library).

Happy Travels!
Shaheen
for Inside India Team

SARVAM COMPUTERS offers reliable service

Sarvam Computers is located in Utsav Complex. Sarvam Computer offers all types of computers sales and service, data recovery, all types of Apple device sales and services, office network and server setup, monthly and annual maintenances etc.



Contact Sarvam Computers

Utsav Phase—1 A, First Floor, Vérité Radial, Auroville

- 0413 2622050,
- 9443211891, 9786953603
- FS account: 251263
- sarvamcomputers@auroville.org.in

Bala

FREE STORE working hours

- Mornings:
 - Monday to Saturday, 9am—12:30pm
- Afternoons:
 - Tuesday & Thursday, 2:30—4:30pm

You're welcome to bring clean items to the Freestore.

We kindly ask that you come during open hours when someone is around, and avoid leaving things outside the door.

Kamala
for the Free Store team

Voices & Notes

AUROVILLE RADIO TV

Dear Aurovilians, your favourite radio is always working for you. Stay tuned!



Last published podcasts

- [Marlenka's weekly Offering—Ep.151](#) (Literature)
- [Sri Aurobindo's "The Life Divine" read by Deep-ti Tewari-B 1, C 5: "The Destiny of the Individual"](#) (Sri Aurobindo)
- [Une série hebdomadaire de lectures par Gangalakshmi—Ep.509](#) (Literature)

Latest Youtube Video

- [Sri Aurobindo's The Life Divine read by Deepti Tewari | Book 1—Chapter 2](#)

...and more! on www.aurovillerradiotv.org

For more information write to radio@auroville.org.in



Sai Priya
for Auroville RadioTV
Team

TWIST N TURN

Blame who?
 They are all you.
 Spout poison,
 You kill your own person.
 Demand violently human unity,
 But all is already unity in diversity.
 Imposing a me-only attitude
 Ensures a rich harvest of hatred.
 But as we say 'no pain no gain'
 And hell the shortcut to heaven,
 Then it is Divine Love and Oneness
 That will tip the balance
 From a life markedly undivine
 To a felicitous Life Divine.
 Anyway, no mere human
 Can stop the ever-hastening
 And globally intensifying
 Supramental rEvolution
 However much twist n turn.
 You will just self-burn.
 And so We All as One
 Unfolding Self-correcting union
 Dynamically continue on
 With our own evolution,
 Some in conscious preparation,
 Towards the Divine Manifestation
 Of a totally absolutely new species
 With a divine modality of existence
 That is the Supramental beingness
 Kickstarted by the Dual Avatar
 Sri Aurobindo and the Mother
 Founders of Auroville the City of Dawn
 Where we are now rocking n rolling,
 Pushing n pulling, to turn the poison
 Into the nectar of immortal vibration,
 A shared divine condition
 Of all who joined in the preparation
 For the Life Divine.

2025.09.14

PS: This poem is a continuation of a post titled 'Twisted' that I shared with the Auroville community as a reminder of why we were invited to participate here in the City of Dawn: <https://zechjoya.blogspot.com/2025/09/twisted.html>

Note: For readers of the printed version, please scan the QR Code or go to this blog-site and open the post titled 'Twisted': <https://zechjoya.blogspot.com/>

Zech



Classes, Workshops & Healing Arts

Mantras & Stotras

Traditional Chanting Class

@ Serendipity Community With Sonia Novaes

☒ Friday - 5 pm (regular class)
☒ Drop-in classes available
 for individuals or groups - book your session

Info: serendipityauroville@gmail.com | +91 8940288090

Friday, 5pm (regular class) @ Serendipity Community
 +91 8940288090, serendipityauroville@gmail.com. Sonia

VIPASSANA WEEKLY PRACTICE

Sunday, 21 September, 8:30am—10:45am
 @ Vibrance, Vikas Radial

Dear Meditators, you are all very welcome to the group sit for "old students" only (those who have completed at least one 10-day course as taught by SN Goenka).

- Contact Vallari, 97403 22447
- [Location on Maps](#)

Please park on Vikas Radial road, next to the Vibrance garage. Vibrance garage is opposite the Realization gate. Park on the new road under construction. The apartment is directly behind the garage on the ground floor. **Laure**

MINDFULNESS WITH HELEN: UPCOMING OFFERINGS

Mindfulness Kindfulness—half day retreat

- Saturday, 27 September, 9:15am—12:30pm
 @ Creativity Hall of Light

If your heart is calling for quiet time to unplug & recharge then join this nurturing space of gentle care & inner stillness.

This mini retreat weaves together mindfulness & kindness practices, creating a tender pathway to self-compassion & opening our hearts to others. It offers an ease of being, an inner softening, & invites a deeper, more present way of living. Everyone is warmly welcomed—whether you're beginning your meditation journey or have been practicing for years. During the retreat you can choose whatever position your body is asking for—on a chair, cushion, or mat.

Participants will hold silence during the session, providing a chance to go deep within.

- **Booking is required.** To register contact Helen on
 • 7094753054 WA or visit innersightav.org



Mindfulness Based Stress Reduction

- Mondays, starting 6 October, 5—7pm weekly
 @ Radiance, Aurodam, 8 week course

Mindfulness Based Stress Reduction (MBSR) is a secular, evidence based course which draws from practices of vipassana and zen. It synthesises ancient Eastern spiritual practices and wisdom with emerging findings from neuroscience, psychology and Mind-Body Medicine, and provides practical tools to look within.

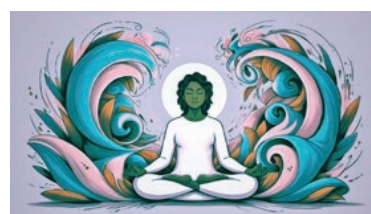
Participants learn to observe internal experiences with gentle curiosity. This awareness helps us recognise our reactive patterns to everyday stresses, how these reactions manifest in our bodies and mind, and the impacts they have on our life. The course teaches practical tools and techniques that can help soften our inner knots, see with more clarity and offer the possibility of making healthier choices.

The course has been found to help with anxiety, stress, depression, chronic pain, diabetes, immune function and menopausal symptoms. It can improve emotional regulation, increase focus and attention, and provide deep insight to our minds and all parts of our being.

All are welcome—whether you're new to meditation, wanting to learn new tools, deepen your practice, integrate mindfulness into your work, or just curious. The course is guided by Helen, a qualified MBSR teacher certified in Trauma Sensitive Mindfulness.

- **Booking is required.** To book or for more details
 • contact Helen on 7094753054 WA or
 • see innersightav.org/8weekmbsr

Helen



SACRED CONNECTION WORKSHOP

Saturday, 20 September, 10am—4:30pm
@ Anitya Community, Maloka Hall (Auroville)



A journey into presence, intimacy, and the art of truly meeting yourself and another. In this one-day workshop, we will open a safe and sacred space to explore:

- Gentle eye gazing to awaken presence and trust
- Consensual touch to reconnect with the wisdom of the body
- Heart-opening practices to expand awareness and sensitivity
- Playful exercises to open the heart and rediscover the joy of authentic connection

It is about softening, feeling, and remembering what it means to be fully alive. No previous experience needed—just your openness and curiosity.

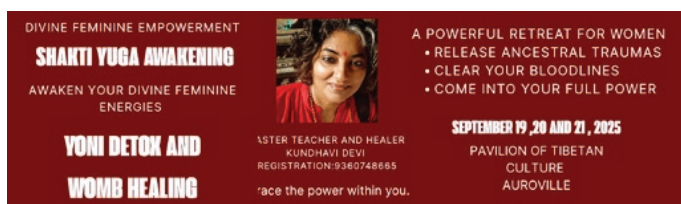
- For details & registration: Lakshmi +918489764602 Lakshmiprem369@gmail.com

Feel free to reach out if your heart feels called I'd love to welcome you into this journey.

Lakshmi

YONI DETOX AND WOMB HEALING:

19—21 September @ Pavilion of Tibetan Culture
The womb is sacred



Patriarchy has found many ways to repress and suppress woman with everything related to the womb.

All women hold deep and endless ancestral traumas related to sex, child birth and menstruation.

Once the womb is released of all the pain it holds will the divine feminine come truly into her power and be grounded to Mother Earth in higher timelines.

- Join us for a powerful retreat in Auroville.
- Release all your ancestral traumas through your bloodlines.
- Start manifesting from a place of complete freedom.

Residential facilities are available for those from out of town.

- **Register:** 9360748665, reserve your spot now!

Submitted by Kalsang

WORKSHOPS WITH NIRUPAM GYAN

Gurdjieff Sacred Movements

- 27—29 October @ CRIPA

An active meditation workshop to develop self awareness and presence through precise exercises developed by Georg Gurdjieff.

- Information and registration: <https://tinyurl.com/42s3jn37>

- Residents and long term volunteers, please contact: auroville.workshops@gmail.com

Hosted by AGP Workshops and CRIPA



Sufi—The Path of Love

- 31 October—2 November @ CRIPA

A soul-nourishing journey into the heart of Sufi mysticism through the sacred practices of zikr (remembrance) and whirling meditation dance.

- Information and registration: <https://tinyurl.com/42s3jn37>

- Residents and long term volunteers, please contact: auroville.workshops@gmail.com

Hosted by AGP Workshops and CRIPA

Raghu



HYBRID/ ONLINE WORKSHOP:

Radical Transformational Leadership for Here and Now 2025

Everybody can choose to be a radical transformational leader and contribute to addressing our challenges be it in our society, home or workplace. Our challenges of today need new transformations that source our inner capacities, and new design to make a difference.

Note: It consists of a series of 4 hybrid/ online workshops over 9 days, spaced apart by four to five weeks each. New capacities are introduced in each session and practiced inter-session to put these in action including weekly peer learning and coaching calls between each workshop session.

All participants must commit to participating in all the days in the four sessions.

- **Session 1:** 20—22 September, Saturday, Sunday, Monday
- **Session 2:** 18—19 October, Saturday, Sunday
- **Session 3:** 22—23 November, Saturday, Sunday
- **Session 4:** 20—21 December, Saturday, Sunday

The program will be held 8am to 5pm in person in Unity Pavilion or participants can attend online

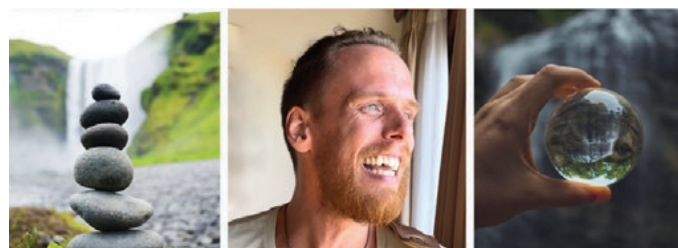
- **Towards contribution**
- **To register:** [please fill in the form here](#) or email stewardship4newemergence@auroville.org.in by 23 August.
- Saranya: saranyaa2991995@gmail.com +91 8098938696
- Vishnu: vishnuwaiting4urmail@gmail.com +91 8300328846

<https://www.radicallytransform.org/>

Saranya, Vishnu

INTEGRAL UNFOLDMENT

Transformational Coaching



Ready to go deeper? Explore your inner world gently, at your pace, with presence, curiosity & compassion.

Whether you're navigating life changes, seeking purpose, or feeling called to reconnect deeply with yourself, I offer 1:1 sessions grounded in presence, parts work, and embodied wisdom.

Curious to explore what's unfolding in you? Let's have a conversation...

By Dave (JOI Anitya), +44 7564119728 WA

QUIET HEALING CENTER



www.quiethealingcenter.info, quiet@auroville.org.in

+91 9488084966, Mobile & WA

Woga® 1 & 2 (Yoga in Water) with Dariya

- 20—21 September, 8:45am—6pm, 12 hours
- Prerequisites: No previous experience required (also no need to know how to swim).

Woga is a combination of two words: water and yoga. It is based on classic yoga poses and stretches, modified for standing in water that is waist-to-chest height.



Woga focuses on Hatha Yoga in water, including asanas performed in standing position, against the wall, in floating position, and under water. The course also includes pranayama and meditation. Classes follow a structure similar to land-based yoga: breathing exercises, warm-ups, a series of poses, and a relaxation period. By reducing the effects of gravity, water allows ease of movements, unblocks joints, lengthens and relaxes muscles, alleviates negative tensions, and prevents stress, insomnia and anxiety.

Woga® (Yoga in Water) Class with Ellie & Sheida

- Monday, 22 September, 4:30—6pm
- Prerequisites: no previous experience required, also no need to know how to swim!

Yoga in water is based on classic yoga poses and stretches, modified for standing in pool water, which is waist-to-chest high. Classes are structured like their yoga equivalents on land: breathing, warm-up exercises, a series of poses, and a relaxation period. The difference is that you are in a warm water pool (35°C).



The substantial decrease of gravity in warm water allows greater ease of movement, unblocks articulations, lengthens & melts muscles, and removes negative tensions, thereby preventing stress, insomnia and anxiety.

Watsu® 1 (Transition Flow) with Dariya

- 23—27 September, 8:45am—6pm, 34 hours
- Prerequisites: Watsu Basic.

In this 34-hour course, you'll learn to connect the basic movements and positions you've learnt in Watsu Basic with long, gracefully flowing transitions. You will also learn to adapt this bodywork to people of different sizes, shapes, and dispositions, and to adjust your own body mechanics in order to support and move each person as effortlessly as possible. By the end of this course, you'll have learnt the complete Watsu 1 sequence for practice sessions till you feel ready to move on to Watsu 2.



Watsu® Yoga Round with Tamara

- Monday, 29 September 3:00—6:30pm
- Prerequisites: no previous experience required, also no need to know how to swim!

Watsu Yoga Round is a powerful tool for deep relaxation and inner peace. It focuses on listening to the body and being present, offering a way to reconnect with your heart and experience an inner silence that is fully alive and vibrant.



When immersed in warm water during the Watsu Yoga Round, the body is free from the effects of gravity. The flow of movements and stretching, alternated with moments of stillness, invite progressive well-being: body and mind become free to dance!

OBA 2—Aquatic Body with Fred & Dariya

- 30 September—5 October, 8:45am—6:30pm, 50 hours
- Prerequisites: OBA 1.

Building on the experience of OBA 1, this course allows you to deepen your practice while using neck and knee cushions and exchanging various new underwater techniques that are deeply relaxing and energizing.



We will discuss the body's water balance in relation to warm water and delve into the benefits and contraindications of the OBA 2 techniques.

Integration of the water experience and background knowledge are taught through both theory and practice. **Guido**

WORLD GAME FOR ADULTS AND CHILDREN

"Where contemplation meets playfulness and transformation."



What about going on a playful or concentrated quest?

This creative activity, known also as 'Sandplay' opens up your imagination and intuition, to reveal your own unique living soul. This is a gentle journey into storytelling, where words may follow—or not."

The World Game can be a complete one time experience, or a journey with multiple sessions.

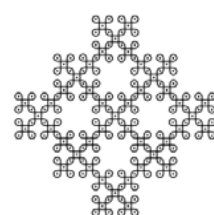
Join the World Game in a space opening onto a peaceful garden. Sessions are by appointment, and can be for one or for two people at a time. Including intergenerational pairs. The duration is generally around 1,5 hours.

- Click to know more: [Adults](#) or [Children](#)
 - <https://spiritandnature.org.in>
- Contact Aikya: +919488084952 WA
 - spiritandnature@auroville.org.in

Submitted by Aikya

ACTIVITIES BY GRACE GITADELILA

KolamYoga offers One off Introduction sessions and /or Initiation sessions into the Integral 12 sessions foundation course. Develop power, beauty and knowledge in gestures guided through ancient symbolic scripts made contemporary. Return to deep relationship with yourself and Nature. Learn how to place yourself in its protection.



- <https://youtu.be/IErbDiGJVTa?si=z5yoS-chugMMnM6a>
- www.kolamyoga.com
- Book appointment with Grace Gitadelila, +91 8072449091 WA

Kotree Yoga

Private one on one sessions with Grace Gitadelila. Who has four decades of experience working with the body as a vehicle of expression, a carriage, a house, a temple in infinite manifestations of creations aspiration.

Gentle, strong movements, in chain sequence, held poses, alternated with rest and active guided recovery pauses, are fueled by conscious breathing. Each session inviting more and more a conscious integration of a whole beingness into the present moment. Activating wellbeing in a flowing liquid body.

• <https://youtu.be/DvxK5KR6u3M?si=cOdDK2YbtPs-ErYG>

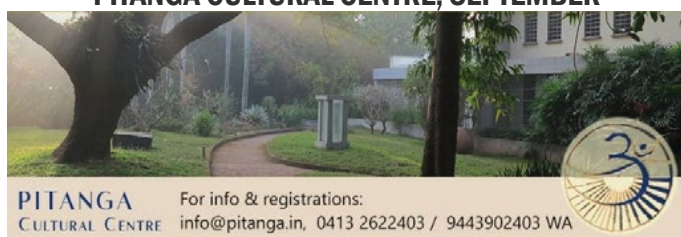
• Book appointment with Grace Gitadelila,
+91 8072449091 WA Grace

BODY AWARENESS

& Relaxation with Hans

Wednesdays, 5—6:15pm @ Budokan Dojo, Dehashakti
For more info: 8110848123 WA Hans

PITANGA CULTURAL CENTRE, SEPTEMBER



Yoga and Classes

Days	Drop-in Classes	Timings	Presenters
Monday	Yoga Therapy	8—9:30am	Gala
	Listening Within, not on 15 & 22 September	4—5pm	Mike
	Iyengar Yoga	5—6:30pm	Olesya
Tuesdays	Yoga: Restore & Relax	4—5:30pm	Florina
	Kundalini Yoga for beginners	5:30—7pm	Bel
Wednesday	Yoga Therapy	8—9:30am	Gala
	Vinyasa Flow Yoga	5:30—7pm	Florina
Thursday	Iyengar Yoga	6:45—8am	Olesya
	Prana Kriya	7:30—9am	Florina
	Aviva Exercise—for women only	4:30—5:30pm	Suriya-gandhi
	Iyengar Yoga	5—6:30pm	Olesya
	Yoga: Restore & Relax	5:30—7pm	Florina
Friday	Pranayama, for former “The Art of Living” course participants	6:45—8am	François & Namrita
	Yoga Therapy	8—9:30am	Gala
	Somatic Resourcing Movement Ritual	3pm—4:45pm	Nikethana
	Readings of The Life Divine	4:30—5:30pm	Balvinder
	Feldenkrais	5:15—6:15pm	Shari
	Vinyasa Flow Yoga	5:30—7pm	Florina
	Iyengar Yoga	6:45—8am	Olesya
Saturday	Breathing & Mudras	8—9:30am	Gala
	Truth Based Relationships, practical sessions	2:30—4:30pm	Juan Andres
	Iyengar Yoga	5—6:30pm	Olesya

Healing Space

Presenter	By Appointment
Afsaneh	Bio-Resonance (with Bi-Com machine) Chiropractic
Auomira	Shamanic Healing
Gaspard	Sound Healing Therapy with Singing Bowls
Heidi S	Acupuncture
Juan	Thai Yoga Massage
Nikethana	Sha-Lu-Ha-Ka Bodywork
Olesya	Visceral Massage
	Neurology Massage
	Psychosomatic of diseases
	Women’s Health Therapy
Patricia G	Shiatsu (for Auroville residents only). Contact directly via WA message to schedule an appointment: +91 948 7230 399

Classes by Prior Registration

Days	By appointment	Timings	Pre-senters
Thursday	Neurographica®—Art Therapy for adults	3—5pm	Gala
Friday	Neurographica®—Art Therapy for families	3—5pm	Gala

Youth Activities

These are ongoing educational programs and not drop-in classes. If a child is interested, parents need to talk to the teacher before joining the class.

Days	Drop-in Classes	Timings	Presenters
Monday, Wednesday	Teen Yoga	4pm—5:15pm	Lisbeth, Florina

These classes are for the teenagers from AV schools. Parents are invited to register their children with Lisbeth at the start of the school season. Florina takes the classes in Lisbeth’s absence.

New Activities

Somatic Resourcing Movement Ritual with Nikethana

- Fridays, 3pm—4:45pm

This experiential session will explore a 14-step body-based resource practice to help you self-regulate, co-regulate, and reclaim your body’s power to release stress, anxiety, and emotional overwhelm.

Sha-Lu-Ha-Ka Bodywork with Nikethana

This unique bodywork technique blends gentle massage, energy healing, and intuitive touch to activate the tree of life within the body. Sha-Lu-Ha-Ka Bodywork is a deeply restorative ritual-based experience that invites your body to heal from within.

Visceral Massage with Olesya

Classical Visceral therapy is an ancient technique of working with the abdomen: palpation and manual pressure on internal abdominal organs for their stabilisation, improving bile, blood and lymph flow, removing spasms/adhesions, improving metabolism, immunity, general health.

Naturally abdominal area should be soft and absolutely painless, but over time the abdomen becomes tense which is reflected on the duration and quality of your life.

Just imagine how grateful your body will be to you, if the liver, intestines, kidneys and other organs of your abdomen begin to work at 100 percent of the power given them by nature.

Neurology Massage with Olesya

This massage is focused on relieving tension from the head and neck where soft manual techniques are used for working out muscles, fascia, vessels, nerves; gua sha for lymph outflow and oedema removal; vacuum cups for reflex stimulation, blood circulation; buccal techniques.

Psychosomatic of Diseases with Olesya

It answers the question "why are we sick?", including work with the stress which gives disturbance to the body, and lets us find the solution of the psychosomatic conflict based on biological law to speed up recovery.

Women's Health Therapy with Olesya

The physiotherapy of the pelvic floor to recover: lowering of the pelvic organs, urinary incontinence, cystitis, vaginal dryness, scars, diastasis, muscle weakness, constipation, haemorrhoids, pain in the pelvis and lower back, skew of the pelvic bones, correction of the coccyx. Breast Health and hip joint recovery also included.

Sound Healing Therapy with Singing Bowls with Gaspard

This holistic approach is inspired by ancient traditions and modern science recognizing human beings as deeply connected to the rhythms of the cosmos. The Tibetan singing bowls used in this practice are tuned to planetary frequencies, allowing deep physical and mental relaxation.

Each session aims to harmonize the subtle bodies and chakras, while relieving emotional tension.

This gentle yet powerful method can complement any medical or therapeutic treatment. It is especially beneficial during times of crisis, stress, or transition, helping restore inner peace, clarity, and balance.

Pitanga joins Auroville's journey toward a cashless economy. Contributions are digital—either by FS account, Aurocard or UPI payment. Thank you for letting your guests know!

If you wish to receive our program of activities by email or WhatsApp, please write to us. See you at Pitanga, with a smile!

Anandamayi for Pitanga Team,
2622403/ 9443902403 WA,
info@pitanga.in

AUROMODE SPA

Offers Cosmetology Services

Auromode SPA, offering services like facial, pedicure, manicure, waxing, threading, haircuts and hair coloring. Working from Monday to Saturday **only by appointment call or WA: 9443635114.**

Meha for Auromode SPA



SOUND THERAPY & Self Healing

Rejuvenating soundbath combined with breathing techniques for maximum benefits: By immersing yourself in the vibrations from a sound bed you will start to connect with your body's consciousness.



By performing specific breathing exercises and deepening your connection with the chosen organ, you will be able to release negative emotions such as anger, sadness, and hate—and be able to invite joy, love, and stability into yourself.

These exercises can be continued as a Self-Healing practice at any time in the future.

- **Contact**
 - 9385428400 call/ WA to book your session!
- Donation Based

Submitted by Isha

VÉRITÉ PROGRAM

www.verite.in

Regular Events September

- 0413 2622045, 2622606, 9363624083 or programming@verite.in, www.verite.in



Classes

Days	Drop-in Classes	Timings	Presenters
Mondays	Yoga Asana: Deep Stretch & Relaxation	7:30—8:30am	Radha
	Creative Voice Sound Healing	5—6pm	Lola
	Deep Sound Bath	5—6pm	Satyayuga
Tuesdays	Sivananda Yoga	7:30—8:30am	Mani
	Yoga to Improve Flexibility, no class on 30 September	9:15—10:15am	Kalidas
	Yoga Nidra, no class on 30 September	5—6pm	Radha
	Dance of the Chakras, no class on 2 September	5—6:30pm	Lakshmi
Wednesdays	Yoga Asana: Deep Stretch & Relaxation	7:30—8:30am	Radha
	Yin Yoga: Deep Stretch & Relaxation	9:15—10:15am	Jivitesh
	Hatha Vinyasa Yoga, no class on 24 September	5—6pm	Andres
	Taralaya Flow Dance	5—6:30pm	Vera
Thursdays	Sivananda Yoga	7:30—8:30am	Mani
	Prana Vidhya	9:15—10:15am	Kalidas
	Open Heart Space Meditation	3:30—4:30pm	Samrat
	Peace with Pranayama	5—6pm	Mamta
Fridays	Deep Sound Bath	5—6pm	Satyayuga
	Yoga Asana: Deep Stretch & Relaxation	7:30—8:30am	Radha
	Free Flow Dance & Movement	5—6:30pm	Vega
	Hatha Vinyasa Yoga, no class on 26 September	5—6pm	Andres
Saturdays	Balancing Asanas, no class on 27 September	7:30—8:30am	Kalidas
	Deep Sound Bath	5—6pm	Satyayuga
	Sivananda Yoga	5—6pm	Mani

Therapies

Pre-registration required

Therapist	Therapies (by appointment only)
Andres	Thai Yoga Massage Bodywork
Ashok	Cupping Therapy
	Deep Tissue Massage Therapy
	Acupressure Therapy
Mamta	Face & Neck Massage
Mani	Yoga Chikitsa: Personalized Yoga Therapy
	Thai Yoga Massage
Mila	Biodynamic Craniosacral Therapy

Parvathi	Food is Medicine: Lifestyle Health Practices Consultation
	Healing Facial Therapy: An 8-Step Skin Care Treatment with Indigenous Herbs
	Head Massage & Hair Care
Radha	Ayurvedic Massage: Detoxifying & Energy Balancing
	Swedish Massage
Raja	Integrated Ayurvedic, Acupressure, Deep Tissue & Heart Healing Massage
Satyayuga	Healing Sound Bath with Tuning Forks
Vyshnavi	Energy Healing Reiki
	Holistic Foot Reflexology
	Holistic Rebalancing Massage

Workshops

Pre-registration required

Day & Date	Workshops, pre-registration required	Timings	Presenters
Friday, 19 September	Surya Namaskar: Awakening Your Inner Sun	9:15am—12pm	Jivitesh
Saturday, 20 September	Pawanamuktasana Series: Energize the Joints	9:15am—12pm	Mani
Saturday, 20 September	Yoga Nidra: Deep Relaxation	2—4:30pm	Kalidas
Friday, 26 September	Union in Motion: Yoga for Two	9:15—11:15am	Swetha
Saturday, 27 September	Cultivating Cohesion and Clarity: Energy Practices for challenging times	9:15am—12:15pm	Auromira
Saturday, 27 September	Panchakarma: Ayurvedic Purification Techniques	2—4pm	Dr Geeta

Surya Namaskar: Awakening Your Inner Sun with Jivitesh

• **Friday, 19 September, 9:15am—12pm**

Experience Surya Namaskar as not just physical exercise, but also as a journey of energy, gratitude, & self-love. Discover the symbolic meaning & explore correct alignment & breath in each pose. Concludes with a relaxing Yoga Nidra.

Pawanamuktasana Series: Energize the Joints with Mani

• **Saturday, 20 September, 9:15am—12pm**

A structured series focusing on gently and safely moving the joints, from the toes to the neck, to help release energy blockages and reduce stiffness and muscular tension. The practice enhances circulation and range of motion, supporting a balanced flow of prana (vital energy) throughout the body, which is often experienced as an increase in energy level and a sense of lightness in the body-mind.

Yoga Nidra: Deep Relaxation with Kalidas

• **Saturday, 20 September, 2—4:30pm**

Our modern lifestyle often interferes with the ability to experience deep rest and sleep. Yoga Nidra facilitates a state of deep relaxation, where the mind can become quiet and the body can heal, repair, rejuvenate and recharge itself. Learn to consciously relax the body and mind.

Union in Motion: Yoga for Two—with Swetha

• **Friday, 26 September, 9:15—11:15am**

Join with a partner, friend, or loved one to explore supportive postures, breathwork, & mindful movements that foster balance & harmony, & celebrate connection, trust, & playfulness.

Cultivating Cohesion & Clarity: Energy Practices for Challenging Times with Auromira

• **Saturday, 27 September, 9:15am—12:15pm**

Drawn from Sri Aurobindo's Integral Yoga & ancient techniques from Andean Mysticism, learn energy practices for clarity, peace, & connection which can serve as guiding lights in the midst of chaos.

Panchakarma: Ayurvedic Purification Techniques with Dr. Geeta

• **Saturday, 27 September, 2—4pm**

For human health and healing purposes, Ayurveda has a Panchakarma, which is a set of five cleansing procedures. Through this workshop you will learn about these 5 types of cleansing and purification processes. You will learn about internal cleansing as well as external physical body cleansing.

Anandhi

ARKA WELLNESS CENTER PROGRAM

arka@auroville.org.in, 0413 2623799



Treatments

Therapist	Treatments, When
Barbara	- Yoga of Mother and Sri Aurobindo - Healing and Awareness on all levels (physical, vital, emotional, mental and psychic) - Mother's Flower Medicine (vibrational remedy) - Individual Sessions and Groupwork - Psychosomatic Therapy and Breath Therapy - Consciousness/ Energy/ Body Work based on Integral Yoga Only by appointment baritam@auroville.org.in
Pepe	- Body Logic - Soft Massage - Deep Tissue Massage - Monday to Saturday By appointment, +91 9943410987
Silvana TOS	- Cranio-sacral - Lomi Lomi - Kahuna massage - Barefoot body massage Monday to Saturday, by appointment only +91 9047654157
Antarjyoti English & French	Psychospiritual Introspective Tarot Reading - Deconditioning Self Inquiry - I ching oracle - Inner/subpersonalities forces awareness Monday to Saturday, by appointment only 0413 2623767, antarcalli@yahoo.fr
Niyati Thakkar	- Integral Regression therapy - Integral reiki healing - Holotropic technique breathwork Monday to Saturday, by appointment only +91 7041391995, narayani-nc@auroville.org.in
Shruti	Physiotherapy, in Orthopedics. Neck pain, Frozen shoulder, any shoulder related pain, Low back pain, Knee pain, Heel pain, Muscle injury, Ligament injury, Sports injuries, Sciatica, Post fracture/ Surgical rehabilitation, Stroke/ Paralysis, Facial palsy/ Bell's palsy, General fitness, Ergonomic advice By appointment only, +91 7904769496 auroshruthi@auroville.org.in

Classes

Teachers	Classes	When
Damien TOS	Acroyoga	By appointment only, +91 9047722740
Teresa	Pilates	Tuesday & Thursday, 7:30—8:30am Friday, 5:30—6:30pm. By appointment only, +91 7867998952
Aurosugan & Priyanka	Eye yoga and well- ness retreat	Monday to Saturday, 7—8am By appointment only +91 8012305151/ 9704258709

Services

Aurokiya: Eye care center

- Monday to Saturday, 9am—12:30pm, 1:30—5pm
- +91 8012305151, aurokiya@auroville.org.in

Morning Star: Birth & women wellness

- morningstar@auroville.org.in

Maatram: Psychological & psychiatric consultation

- By appointment, +91 9087709434
maatram@auroville.org.in

Convalescence Facility: Post-surgical and care facility

- For Aurovilians only, Max. stay 3 weeks
- Contact Arka 0413 2623799, arka@auroville.org.in

Emergency Services: Ambulance & emergency service

- +91 9442224680, ambulance@auroville.org.in

Svasti: Homeopathic consultation

- By appointment, +91 9428429642
adititva@auroville.org.in

Health & Healing Trust: Administration office

- healthhealingtrust@auroville.org.in

Ramana, Arka

Languages

LEARN ENGLISH AND HINDI

- Learn spoken/ written English and Hindi language for fluency and confidence!
- For more information contact Ashwini: 8270512606.

Ashwini, Aspiration

NEWS FROM

Auroville Language Lab
18 September



Tomatis:

We still have some spaces for Aurovilians, Newcomers and Volunteers adults, teenagers and kids to do the Tomatis listening training programs—so don't delay to grab these spots. Have a look at <https://www.aurovillelanguagelab.org/alfred-tomatis-method/> for more info. If you have been waiting a while, or thinking about this for long, now is your chance. Send an email to tomatis@aurovillelanguagelab.org. Due to some postponements, two-week and three-week slots have opened up, which are great for the 30-hour Wellness Listening Training programs or shorter language programs. Open to all.

- Resonance, the book!

Check it out at <https://books.aurovillelanguagelab.org>

- To enquire or register: tomatis@aurovillelanguagelab.org
 - or call 0413 2622467 or 3509932

Courses: Current Schedule of Classes

- <https://aurovillelanguagelab.org/current-schedule/>

Mandarin Chinese Course: A long-term volunteer from Taiwan, Shi-Ju, will be arriving in October and will be available to teach Chinese at all levels. There will be a beginner's class, and an intermediate class. Many of you had studied Chinese with Amanda many years ago when we were in our old building at Shakti. Later, some of you continued with Li Fang. You are all most welcome to come back to the Lab in our building in the International Zone, to further your Chinese studies. Send us an email with "Chinese" in the header.

Japanese Online Course: We will be getting back to all registered students shortly. At this point, we are aiming to start in October.

Pali Course: We lately have received a few requests for Pali classes. If there at least 2-4 others interested in studying Pali, we can arrange an online class with an old friend and historian. Please write to us with "Pali" in the header of the email.

Spanish Course with Mila

Beginner classes: New proposed start of early October provided a minimum number of seven (7) registered students.

- Mondays and Wednesdays, 2:30—4pm or 4:30—6pm, depending on the consensus of student preferences

This will be a special program which will span three blocks of 3 months each (36 hours) and ultimately take the students up to conversational fluency.

Please register soon by contacting the Language Lab

- info@aurovillelanguage.org or
- online: <https://aurovillelanguagelab.org/registration/>

German—online private classes:

Our German class teacher Verena is back offering online private classes. Please contact the lab to register.

<https://aurovillelanguagelab.org/registration/>

Beginner and Advanced Korean classes

On Saturday at 3pm we have started beginner Korean language classes led by Mihong. Registration is still open with seats left to fill up!

<https://aurovillelanguagelab.org/registration/>

Also, Mint has started **advanced Korean classes** on Wednesday, 13 August, 11am—12noon for those who already have a basic level.

Italian classes with Karuna

We're happy that Karuna has returned to re-start her excellent classes in Italian for all levels. Please register as soon as you can; the sooner we have a sufficient number of students, the sooner we can start!

- When starting, classes will be held from 4—5pm, Tuesdays and Fridays. <https://aurovillelanguagelab.org/registration/>

French Classes

Bonjour! Dive into French—Intensive 2-Week Course

We are excited to announce a special two-week intensive French course at the Auroville Language Lab with our native French teacher, Isabelle. This program is designed for those who wish to rapidly improve their spoken French through daily practice and guidance.

The course combines one hour of lively conversation sessions with Isabelle with one hour of interactive practice in our Mediatheque. With this balanced approach, you'll gain confidence, fluency, and a deeper understanding of the French language.

- Classes begin in October 2025 and run Monday to Friday, from 11am—1pm, for a total of 20 hours (10 hours with the teacher and 10 hours of Mediatheque practice).
- Spots are very limited—only five (5) participants will be admitted—so early registration is highly recommended.

Beginner French with Jean-François: This 16-hour, 2-month course, is ideal for those who want to discover the French language. The classes are highly interactive, covering vocabulary of everyday life and the basics of grammar. By the end of the course, you will be able to make simple sentences useful for interaction, and talk about your work, hobbies, daily life, in a simple way.

- Course started on 11 August.
- Classes on Mondays and Wednesdays, 2:30—3:30pm.

French Conversation (Pre-Intermediate level) with Jean-François: This 16-hour, 2-month course, is ideal for those who possess a little knowledge of French but are not yet comfortable conversing. The course will focus on day-to-day topics and will be a good mix of grammar, verbal as well as written exercises. By the end of the course, students will be able to communicate in the present, past and future tenses. Students can join the class at any time.

- Course started on 12 August.
- Classes on Tuesdays and Thursdays, 2:30—3:30pm

For more information or to register, please contact the Language Lab at info@aurovillelanguage.org

English Classes

Next-Gen English: AI, Projects & You with Rupam

Ready to take your English to the next level? Join us for a fun and flexible language course where learning is anything but boring! Get customized English classes designed around your communication goals. Contact the lab to learn more.

Private and group classes for English

- **Rupam** : Our private and group classes are tailored to meet the unique needs of each student. However, please note that learning is not confined to the hour you spend with me. To truly develop a new skillset, it must become a part of your lifestyle. Be prepared to engage in various exercises that will challenge you to step out of your comfort zone and overcome your inhibitions.
- **Vismai**: offers English conversation lessons one-on-one and to small groups limited to 2-3 learners. Her classes are customized according to each individual's level and pace. Each class is divided into several segments focusing on aspects such as pronunciation, tuning the ear to various accents, fluency in conversation, basic grammar, reading comprehension, idiomatic expressions, and sentence construction. The lessons make use of poetry, film, song, and quiz to allow an easy assimilation of the language. Enquire for timings.

Intermediate English w. Ashwini

- Wednesday and Thursday, 4:30—5:30pm

Head on over to the Lab's online form and complete your registration: <https://aurovillelanguage.org/registration/>

Tamil Beginner with Saravanan

- Started 1 July, Tuesdays and Fridays, 9:30—10:30am.

Especially suitable for those who have gone through a beginner level, this course will help you apply the fundamentals acquired earlier while gaining confidence in conversational Tamil. Our fun, interactive lessons and supportive environment will make it easy and enjoyable.

Reminder about our free Evening Programs

The evening conversation sessions are a chance for all to practice speaking with native speakers offering their time:

- Mondays 5—6pm:
 - French with Isabelle, 1st, 3rd and 5th week of the month
 - French w. Coco and Gaspard, 2nd and 4th week of the month
- Wednesdays, 5:30—6:30pm: Sanskrit chanting with Remesh

We are still looking for native speakers to facilitate German, Italian and English conversation. Actually, any weekday from 5—6pm is open for people to offer their language.

Call for Arabic Language Teacher

We are seeking a dedicated Arabic teacher with a native-level command of the language for one-on-one lessons. If you are enthusiastic about sharing your expertise, we would love to hear from you! Please send a brief cover email outlining your experience to info@aurovillelanguage.org.

Film Shows

Two documentary films, one on the Alfred Tomatis method (48 minutes) and one on the special features of the Language Lab building (27 minutes) are available on our new website and at the Lab, where you are welcome to come and watch them. All are welcome.

Communication with the Lab:

Service through our BSNL phone numbers:

- 2623661 (Lab) and 2622467 (Tomatis).
- **For language-related matters:**
 - +91 9843030355WA.
- **For Tomatis:**
 - please use 0413 3509932.

Current Schedule of Classes, 18 September

	Description/ Level/ Teacher	Duration/ Cycle	Time & Day(s) of Classes
English	Pre and Intermediate speaking & communication with Rupam	8-Hour Monthly, Always ongoing	10:30—11:30am, Tuesday & Thursday
	Creative Writing with Rupam	8-Hour Monthly, Start date: TBC	9:30—10:30am, Monday & Wednesday
	Intermediate with Ashwini	8-Hour Monthly, Start date: TBC	4:30—5:30pm, Wednesday & Thursday
	For Kids with Ashwini	8-Hour Monthly, Start date: TBC	5:30—6:30pm, Wednesday & Thursday
French	Beginner with AuroAsha	12-Hour Monthly, Starting October	3—4:30pm, Wednesday & Friday
	Beginner with Jean-François	16-Hour (2 months), Start date: 11/8/25	2:30—3:30pm, Monday and Wednesday
	Intermediate with Jean-François	16-Hour (2 months), Start date: 12/8/25	2:30—3:30pm, Tuesday & Thursday
Tamil	Spoken Beginner with Saravanan	24-Hour (3 months), Start date: 1/7/25	9:30—10:30am, Tuesday & Friday
Spanish	Beginner with Mila	36-Hour (3 months—3 blocks each), Start date: 10/25	2:30—4pm, Monday & Wednesday
	Intermediate with Mila	TBC	TBC
Italian	Beginner with Karuna	8-Hour Monthly, Start date: 2/9/25	4—5pm, Tuesday & Friday
Korean	Beginner with Mihong	4-Hour Monthly, Start date: Pause. Open to registrations	3—4pm, Saturday
	Advanced with Mint	4-Hour Monthly, Start date: 13/8. Open to registrations	11am—12pm, Wednesday

Private one-on-one classes possible for all languages; please inquire. **Mita, Mano, Louis & Vismai**



CINEMA PARADISO
Multimedia Center (MMC) Auditorium
Film Program
22—28 September 2025

Cinema Paradiso—Multimedia Center is operating at 100% seating capacity. Seating starts about 15mins before screening and stops as the film starts. Kindly arrive in time. A reminder not to use cell phone for any reason while the program is on, and no food/ beverage to be taken inside the hall.

Indian—Monday, 22 September, 8pm
Metro in Dino

India, 2025, Writer-Dir. Anurag Basu w/ Anupam Kher, Neena Gupta, Saswata Chatterjee, and others, Drama-Romance, 162mins, Hindi w/ English subtitles, Rated: U/A (PG-13)

In a city pulsing with chaos, Kajol and Monty face a crumbling marriage, while Parth and Chumki wrestle with untimely love. Across generations, eight lives collide through heartbreak, secrets, and second chances. As desires shift and truths emerge, each must choose between comfort, courage, and the cost of connection. In a city that never stops, love takes its chances.

Potpourri—Tuesday, 23 September, 8pm
La Haine (Hate)

France, 1995, Writer-Dir. Mathieu Kassovitz w/ Vincent Cassel, Hubert Koundé, Saïd Taghmaoui, and others, Crime-Drama, 98mins, French-Yiddish w/ English subtitles, Rated: NR (R)

This film is being brought to you in collaboration with Alliance-Française. In the aftermath of a brutal riot, three young men—Vinz, Hubert, and Saïd—navigate a tense 24 hours in the Parisian suburbs. With a stolen gun and simmering rage, they confront police, poverty, and each other. As tempers flare and loyalties shift, the line between survival and tragedy grows dangerously thin. What we hate, we often become. *Winner of Best Director at Cannes, this landmark of French cinema offers a raw, unflinching look at urban unrest and police violence.*

Selection—Wednesday, 24 September, 8pm
Der Untergang (Downfall)

Germany-Austria-Italy, 2005, Dir. Oliver Hirschbiegel w/ Bruno Ganz, Alexandra Maria Lara, Ulrich Matthes, and others, 156mins, German-Russian-French-Hungarian-English w/ English subtitles, Rated: R

As Berlin crumbles under Allied bombardment, Hitler retreats into his bunker with his inner circle. Traudl Junge, his young secretary, bears witness to the final days of the Third Reich. Paranoia deepens, loyalty fractures, and history closes in. A chilling portrait of power unraveling in real time. Power fades. Memory endures. Acclaimed for its stark realism, the film sparked global debate with its humanized portrayal of Hitler's final days.

Interesting—Thursday, 25 September, 8pm
F for Fake

France-Iran-West Germany, 1975, Dir. Orson Welles-Gary Graver-Oja Kodar w/ Orson Welles, Oja Kodar, François Reichenbach, and others, Documentary, 89mins, English-French-Spanish w/ English subtitles, Rated: PG

A dazzling blend of truth and illusion, this film follows master art forger Elmyr de Hory and biographer Clifford Irving, who famously faked a Howard Hughes memoir. Narrated with playful misdirection, it blurs the line between documentary and fiction, challenging viewers to question what's real, what's fake, and why it matters. *This film is a landmark in cinematic experimentation.*

International—Saturday, 26 September, 8pm
A Nice Indian Boy

USA, 2024, Dir. Roshan Sethi w/ Karan Soni, Jonathan Groff, Sunita Mani, and others, Romance-Comedy, 96mins, English w/ English subtitles, Rated: NR (PG-13)

Naveen, a reserved doctor, falls for Jay, a bold photographer with a bohemian streak and a complicated past. When their love collides with family expectations and cultural fault lines, a wedding becomes a battleground for identity, truth, and belonging. What begins as romance unfolds into a reckoning with tradition and self. Love thrives in beautiful chaos.

Children's Matinee—Sunday, 27 September, 8pm
Nezha: Mo Tong Jiang Shi (Ne Zha)

China, 2019, Writer-Dir. Yu Yang w/ Yanting Lü, Joseph Mo Han, and others, Animation-Fantasy, 110mins, Mandarin-Chinese-English w/ English subtitles, Rated: PG

Born from a cursed pearl, Ne Zha is feared as a threat. But with fiery courage and loyal friends, he defies fate to become a hero—proving even misfits can save the world.

Classic World Cinema @ Ciné-Club

Ciné-Club Sunday, 28 September, 8pm
The Secret of Santa Vittoria

USA, 1969, Dir. Stanley Kramer, w/ Anthony Quinn, Anna Magnani, and Others, Comedy, Drama, 139 mins, Italian—German w/ English subtitles, Rated: PG

In a vineyard-rich Italian town under Nazi occupation, Mayor Bombolini leads locals in a clever scheme to hide thousands of wine bottles from German troops. They offer a token supply to appease Captain Von Prum, who grows suspicious and launches a relentless search for the hidden treasure beneath their feet.

Rating codes we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e., for Adults), NR=Film Not rated, Rating awaited.

To organize a seminar/ program at MMC kindly email us at mmcauditorium@auroville.org.in. We kindly request you to set up a recurring contribution for "MMC-CP" or "Film-maker-guest Expense" via Unity Fund or make a one-time donation there. Your support is crucial in sustaining this effort, thank you for being part of it!

EVERY CONTRIBUTION COUNTS



Nina
for MMC/ CP,
Group Account #105106,
mmcauditorium@auroville.org.in

Cinema

ECO FILM CLUB:

Every Friday @ Sadhana Forest

Schedule of Events

- 16:00 Free bus from Solar Kitchen to Sadhana Forest for the Tour
- 16:30 Tour of Sadhana Forest
- 18:00 Free bus from Solar Kitchen to Sadhana Forest for the Eco Film Club
- 18:30 Eco Film Club begins with "previews" of short Sadhana Forest films
- 20:00 Dinner is served
- 21:15 Free bus from Sadhana Forest back to Solar Kitchen
- Before the movie, at exactly 16:30 you are welcome to join us for a full tour of Sadhana Forest and an update of our most recent work! After the film, you are welcome to join us for a free 100% vegan organic dinner! The bus service is operated by Sadhana Forest.
- For more information about the bus service please contact Sadhana Forest at 8525038274.
 - Note: Families and children are welcome! Dinner for children will be served at 19:00. :)



Friday, 19 September:

Planet Earth: Caves

2017, 49 minutes, Alastair Fothergill

The Earth's large, deep calcareous caves are virtually inaccessible and therefore barely explored—many requiring expert diving where flooded. Some of these caves are of such volume that they can contain the Empire State Building! Come explore caves and their fascinating, unique wildlife in this episode narrated by Sir David Attenborough.

Submitted by Aviram

NEW MOON MOVIE

Tuesday, 23 September, 5pm @ Multimedia room

Every New Moon day

Art movie screening at Centre d'Art, Citadines

Following the performance of Bob Holman and Sono Kuwayama on 22 September, two New Moon Movies, dedicated to the Beat Generation, will be screened on Tuesday, 23 September.

Ginsberg's Karma by Ram Devineni and Bob Holman, 2021, 25m, original version in English.

Ginsberg's Karma is an insightful and entertaining look at a transformative phase in the poet Allen Ginsberg's life—his first trip to India and how it changed him and the people around him. His adventures and what he experienced in India is the bridge between the Beat generation of the 1950s to the hippie counterculture of the 1960s in America.



The Source by Chuck Workman, 1999, 1h 28m, original version with English subtitles.

The Source, a film of the Beat Generation, is a compelling film about the writers and personalities of the Beat Generation. The Source is both a documentary and a dramatization. Although the film focuses on Allen Ginsberg, Jack Kerouac, and William S. Burroughs, it also features Lawrence Ferlinghetti, Gary Snyder, Gregory Corso, and Ken Kesey. Interspersed among the mainly chronological chapters are passages from the works of Ginsberg, Kerouac, and Burroughs read by actors John Turturro, Johnny Depp, and Dennis Hopper.



Everybody's welcome

Marco

Accessible Auroville Public Bus

avbus@auroville.org.in



Auroville TO PONDICHERRY

Monday to Saturday	Trip 1	Trip 2	Trip 3
Svaram Musical Center	7:00	8:50	14:50
Vérité Guest house—Junction	7:02	8:52	14:52
Town Hall—Main Parking	7:06	8:56	14:56
Solar Kitchen—Roundabout	7:10	9:00	15:00
Certitude Entrance	7:12	9:02	15:02
New Creation Road	7:17	9:07	15:07
SBI Bank—Kuilapalayam	7:19	9:09	15:09
ECR Junction—Aroma Guest House	7:23	9:14	15:14
Quiet Healing Center—Junction	7:26	9:17	15:17
Lotus Hotel—S.V Patel Salai	7:36	9:30	15:30
Ashram Road Junction	7:38	9:33	15:33
Ashram Dining Hall	7:40	9:35	15:35



Pondicherry TO AUROVILLE

Monday to Saturday	Trip 1	Trip 2	Trip 3
Ashram Dining Hall	8:00	12:15	18:10
Ashram Road Junction	8:02	12:17	18:12
Lotus Hotel—S.V Patel Salai	8:07	12:22	18:17
Quiet Healing Center—Junction	8:17	12:32	18:27
ECR Junction—Aroma Guest House	8:20	12:35	18:30
SBI Bank—Kuilapalayam	8:25	12:40	18:35
New Creation Road	8:27	12:42	18:37
Certitude	8:32	12:47	18:42
Solar Kitchen—Roundabout	8:34	12:50	18:44
Town hall—Main Parking	8:38	12:54	18:48
Vérité Guest House—Junction	8:42	12:58	18:52
Svaram Musical Center	8:45	13:00	18:55

Emergency Services

Ambulance (24/7): Auroville—9442224680

- PIMS—0413 2656271

Security (24/7):

- Auroville Security & Emergency Services (ASES)—9443090107
- Auroville Police Station—0413 2677318
- Kottakuppam Police Station—0413 2236148
- Vanur Fire Station—0413 2677368

Health:

- Health Center—0413 3509942 & 3509943
- Santé—0413 2622803
- Farewell—8903836246

Mental health 24/ 7 support:

- Vandrevalla Foundation +91 9999666555

India Emergency Response Service (24/ 7): 108